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HISTORY

In the late 1890s and early 1900s surgeons began approximating blood vessels, both in laboratory animals and human patients, without the aid of magnification.^{1,2} In 1902 Alexis Carrel³ described the technique of triangulation for blood vessel anastomosis and advocated end-to-side anastomosis for blood vessels of disparate size. Nysten⁴ first used a monocular operating microscope for human eardrum surgery in 1921. Soon after, his chief, Holmgren, used a stereoscopic microscope for otolaryngologic procedures.⁵

In 1960 Jacobson and coworkers,⁶ working with laboratory animals, reported microsurgical anastomoses with 100% patency in carotid arteries as small as 1.4mm diameter. In 1965 Jacobson⁷ was able to suture vessels 1mm diam with 100% patency in laboratory animals. Jacobson emphasized the importance of avoiding intimal trauma and precise intima-intima reapproximation. In 1966 Green and colleagues⁸ used 9-0 nylon suture on rat aortas (avg 1.3mm diam) and vena cava (avg 2.7mm diam) and reported anastomotic patency in 37/40 animals at 21d. Acland⁹ in 1972 published a series showing 95% patency in anastomosed rat superficial epigastric arteries. Since Smith's¹⁰ and Cobbett's¹¹ reviews of microsurgical instruments and techniques, suture technology has progressed to 50micron needles with 12-0 suture.

In 1962 Malt and McKhann¹² described the first successful clinical replantations in 2 patients who had arm amputations. In 1963 Chinese surgeons successfully reattached a patient's hand amputated at the wrist. The radial and ulnar arteries were anastomosed using short links of 2.5mm diam polyethylene tubes.¹³ Kleinert and Kasdan¹⁴ in 1963 described their experience with digital amputations and near amputations. They were unable to replant digits successfully, but did revascularize near-amputated digits. They used loupe magnification and stressed the importance of using vein grafts if the vessel anastomosis was under tension.

In 1964 Nakayama and associates¹⁵ reported what is most likely the first clinical series of free-tissue microsurgical transfers. The authors brought vascularized intestinal segments to the neck for cervical esophageal reconstruction in 21 patients. The intestinal segments were attached by direct microvascular anastomoses in vessels 3–4mm diam. Sixteen patients had a functional esophagus on follow-up of at least 1y.

Two separate articles in the mid-1960s described the successful experimental replantation of rabbit ears and rhesus monkey digits.^{16,17} Komatsu and Tamai¹⁸ used a surgical microscope to do the first successful replantation of a completely amputated digit in 1968. That same year Krizek and associates¹⁹ reported the first successful series of experimental free-flap transfers in a dog model. Also in 1968 Cobbett²⁰ transferred a great toe to the hand.

In 1971 Antia and Buch²¹ reported successful free transfer of a superficial epigastric artery skin flap to the face. The authors anastomosed the superficial epigastric artery and vein to the common carotid artery and internal jugular vein to repair a cheek defect. Also in 1971 McLean and Buncke²² transferred the omentum to the scalp via microvascular anastomoses. In 1973 Daniel and Taylor²³ and O'Brien and associates²⁴ independently reported the free tissue transfer of groin flaps for lower extremity reconstruction.

Since the beginning of clinical microvascular surgery in the early 1970s, donor sites for free tissue transfer have multiplied and microsurgical tools and techniques have been expanded and refined. As microsurgery became more prevalent and experience with free tissue transfer mounted, the success rates of microvascular procedures also climbed, to >90% today (Table 1). Khouri's²⁵ survey of 9 microsurgeons "clearly indicates that operative experience is the single most critical factor related to improved success rates. . . . A major determinant of success or failure is therefore operator related and, in a broader sense, technical."

TABLE 1
Free Flap Success Rate and Learning Curve

Center/Author	Experience	Success Rate
Serafin (1980)	First 25 cases	72%
	Last 25 cases	96%
Godina (1986)	First 100 cases	74%
	Last 100 cases	96%
Harashina (1988)	First 3 years	75%
	Last 5 years	97%
Buncke (1989)	First 3 years	83%
	Last 3 years	97%
Shaw (1989)	First 100 cases	91%
	Last 100 cases	97%

(Data from Khouri RK: *Avoiding free flap failure. Clin Plast Surg* 19:773, 1992.)

O'Brien²⁶ reviews the strides made in microvascular surgery during the 1970s and '80s and looks to the future for new applications of microsurgery. Several new areas of microsurgical interest have evolved over the last 15 years. In 2000 Whitworth and Pickford²⁷ reported good results at 30 years for the patient with the first toe-to-thumb transfer. Clinicians continue to refine techniques for salvage of severely injured upper extremities, including the scenario of failed replantation. Functional free muscle transfer is an active area of research, with new applications still being discovered.

The first human-to-human hand transplants were performed 17 years ago.²⁸ Today plastic and orthopedic surgeons express concern about this procedure and raise the issues of poor sensory return, acute or chronic rejection, systemic complications of immunosuppressive therapy, and loss of the transplant.²⁹

As the results of surgery became more predictable and the number of available free flaps grew, efforts shifted to minimizing donor site morbidity. Clinical applications and choices of perforator flaps continue to change. In the hands of experienced operators, loupe magnification now appears to be as effective as the operating microscope in certain cases. Free flap selection in specific defects is becoming more standardized, and technologic innovations in anastomotic techniques and devices hold promise for the future of microsurgery.

**BASIC SCIENCE CONCEPTS
IN MICROSURGERY**

In addition to possessing the appropriate technical skills, the microvascular surgeon should understand the mechanisms of vessel injury, repair, and regeneration; should be familiar with the processes of vasospasm and thrombosis and their pharmacologic control; and be aware of the effects of ischemia and hypoxia on revascularized tissue.

Vessel Injury and Regeneration

Microvascular anastomoses inevitably disturb the endothelium and subendothelium of the vessel walls. Exposure of the underlying subendothelium to the bloodstream results in platelet aggregation, which is the first step in the formation of a thrombotic plug.

Among the multiple connective tissue components of the blood vessel wall, collagen stimulates the greatest amount of platelet clumping. Weinstein and associates³⁰ effectively showed the blood vessel injury and repair processes through scanning electron microscopy (SEM) of anastomoses. Full-thickness sutures that afforded intimal continuity provoked the least amount of anastomotic bleeding and platelet aggregates. "Far worse damage" was seen with partial-thickness bites of the vessel wall than with properly placed full-thickness sutures. In a separate study using SEM, Harashina and colleagues³¹ noted no difference in patency (94%) of 1mm rat femoral vessels anastomosed with either adventitial or full-thickness sutures.

During healing of the vessel wall, a pseudointima forms within the first 5 days.³¹ Approximately 1–2 weeks after injury new endothelium covers the anastomotic site. At the time of anastomosis a layer of platelet covers the denuded endothelium of the vessel wall. This layer of platelet cells will not progress to fibrin deposition and thrombosis if it is not exposed to the media and the lumen is not injured. Over the next 24–72 hours the platelets gradually disappear. Platelets show little affinity for exposed surfaces of sutures within the vessel lumen.^{30,31} The disappearance of platelets within the lumen and the formation of pseudointima correlate well with previous clinical and experimental observations and lead to the conclusion that the critical period of thrombus formation in the anastomosis is in the first 3–5 days.^{32,33}

The mechanism of endothelial regeneration depends on the presence or absence of mechanical injury to the subendothelial structures. If the endothelial layer alone is damaged, it is reconstituted from surrounding cells and regeneration is complete in 7–10 days. With damage of the underlying subendothelial structures, media and adventitia, there is regeneration of damaged epithelium by migration and differentiation of myoendothelial cells from the cut vessel ends.³⁴ The remaining layers of the vessel wall regenerate via proliferation of fibroblasts with collagen deposition and myointimal thickening at the anastomotic site.³⁵ The elastic and muscular elements of the vessel wall fail to regenerate to the same degree as the endothelium, and these layers do not return to their preinjury state.

These findings led to an emphasis on gentle dissection of all vessels and careful, controlled placement of sutures through the vessel walls. Simple dissection and exposure of vessels from their beds was shown by Margic³⁶ to result in significant endothelial loss, although the vessels maintained flow. Also to avoid damage to vessels during dissection, side branches should be tied or coagulated using bipolar electrocoagulation. Improper bipolar coagulation may result in endothelial damage and platelet aggregation if the current passes too close to the branch origin. Caffee and Ward³⁷ described the safe and effective use of bipolar electrocautery in small vessels: the side branch must be treated with electrocautery at the lowest setting possible to achieve coagulation and well away from its junction with the main vessel.

Special attention should be given to small vessels, which if desiccated can lose their endothelial cell layer and trigger diffuse platelet aggregation. *All exposed vessels should be kept in a moist environment to prevent desiccation.* Prolonged vasospasm can also cause endothelial sloughing, and vessels experimentally subjected to vasospasm for >2h lose most of their endothelial layer.³⁰

Topical lidocaine is often used in microvascular surgery to prevent vasospasm. The safe maximum dose of lidocaine for topical application has not been established. Johnstone and coworkers³⁸ report using 4% lidocaine in doses of up to 2000mg with no adverse effects. The anesthetic was applied topically to arteries and veins being anastomosed during free tissue transfer. The measured serum

concentrations of the drug in these patients was well below toxic levels, suggesting that most of the topically applied lidocaine is not fully absorbed. Nevertheless, the standard pharmacology references list the maximum safe dose of *injectable* lidocaine as $\leq 750\text{mg}$ in the average adult patient. Ohta and others³⁹ showed experimentally that xylocaine has its optimum spasmolytic and antispasmodic effects at a concentration of 20%. Clinically, 2% lidocaine also has a beneficial effect on moist vessels.

Injury to the endothelium from microvascular clips is directly related to clip pressure.⁴⁰ Weinstein and colleagues³⁰ note that curved or angled clips cause more damage than flat clips. Closing pressures of vascular clips should remain $< 30\text{gm/mm}^2$ to minimize damage to vessels.⁴¹ O'Brien and coworkers⁵ discuss the currently available clamps and clamp approximators and give examples of each.

The most significant damage to vessel walls is from needle and suture penetration and technique of placement. Large needles and obliquely placed sutures cause major endothelial lacerations, exposing subendothelium and inducing platelet aggregation. Repeat needle puncture for suture placement produces large platelet plugs at bleeding sites. Unequal intersuture distances may result in endothelial gaps, distortion, constriction, and exposed intimal flaps. Loosely tied sutures may expose subendothelial elements to the bloodstream and allow excessive anastomotic bleeding and subsequent platelet plug formation. Too many sutures or sutures tied too tightly can trigger endothelial slough.³⁰ Excessive trauma to vessel walls, undue tension on suture lines, and loosely approximated sutures can produce medial discontinuity and result in pseudoaneurysms or aneurysms at the anastomotic site.^{30,31}

Chow and colleagues⁴² subjected microanastomoses in the animal model to various levels of tension and found a greater tolerance for microanastomotic tension than had been previously surmised. Acland and Trachtenberg⁴³ used SEM to evaluate microanastomoses in rats at intervals ranging from 1 hour to 21 days after anastomosis. Their findings paralleled those of Weinstein and colleagues³⁰—that is, there was intimal loss below the site of clamp pressure and medial necrosis at the anastomosis proper. Despite these changes the patency rate was 100%, indicating that some tissue damage is tolerated without untoward consequences.

Lidman and Daniel⁴⁴ investigated the reasons why clinical microvascular anastomoses failed and found that anastomoses performed in the zone of injury were most often implicated. Another common problem leading to surgical failure was external compression of the anastomosis by hematoma.

The Clotting Mechanism

Johnson⁴⁵ details the biochemical and physical aspects of the process of platelet-mediated thrombosis in vessels. Platelets do not adhere to undamaged, healthy intimal surfaces, but when the intima is injured in any fashion, exposed collagen triggers platelet adhesion to the vessel surfaces.⁴⁶ Once these platelets are activated by collagen, platelet granules are released which in turn attract more platelets—a process known as *aggregation*. The activated platelets have stimulated receptor sites to which fibrinogen adheres, and fibrinogen then forms proteinaceous bridges between platelets. As platelets become activated they also promote the change of fibrinogen to fibrin. The fibrin in turn promotes “red clot” and further strengthens the growing clot.

Platelets contain two types of granules, alpha granules and dense granules. Alpha granules contain von Willebrand factor and fibrinogen. Dense granules contain ADP, calcium ions, and serotonin.⁴⁷ The secreted ADP, calcium, fibrinogen, and von Willebrand factor all contribute to ongoing recruitment of platelets, which eventually reach a critical mass that can cause thrombus formation by either occluding the vessel or initiating the classic extrinsic pathway of coagulation.⁴⁸

Multiple steps in the clotting mechanism have been manipulated pharmacologically with the aim of reducing platelet aggregation and release.⁴⁹ Johnson and Barker⁵⁰ discuss current antithrombotic therapy in microvascular surgery. *Heparin* has been used for years as an anticoagulant. Heparin acts primarily to increase the action of antithrombin-3, which inactivates thrombin. Heparin has also been shown to decrease platelet adhesion^{51,52} and to hamper the conversion of fibrinogen to fibrin.⁵³ Greenberg, Masem, and May⁵⁴ showed in a rabbit model that low-dose heparin infusion significantly prevented anastomotic occlusion for 72h after surgery in the arterial inversion model.

Khouri and coworkers⁵⁵ studied the effect of heparin on rat femoral artery anastomoses and noted

that a single bolus dose of heparin given before blood flow was reestablished inhibited thrombus formation by preventing the conversion of fibrinogen to fibrin. Treatment with dazmagrel, a selective thromboxane synthetase and platelet aggregation inhibitor, was only partly successful in improving patency rate at the anastomoses. In other words, fibrin could still form an occlusive thrombus even in the absence of aggregating platelets. The authors conclude that, at least in their model, fibrin mesh deposition contributed more to the pathogenesis of thrombotic occlusion of traumatized arteries than platelet aggregation. The incidence of hematomas in the animals treated with heparin was 12.5% (3/24).

In the clinic heparin is given by direct continuous infusion to save free flaps.⁵⁶ Some surgeons feel that heparin does not improve patency in uncomplicated repairs and that the risk of bleeding outweighs its potential benefit as an anticoagulant.^{45,50} Perhaps paradoxically, the slow oozing that will accompany injudicious heparin use in free flaps can result in large clots around the small vessels, ultimately causing occlusion and thrombosis of outflow or inflow. For this reason, heparin infusion is used sparingly by most microsurgeons.

When administered intraoperatively in doses of 0.1mM (equivalent to one 325mg tablet), *aspirin* inhibits initial platelet aggregation at the anastomotic site. This action was believed to be mediated by the endothelial cyclooxygenase pathway with subsequent blockage of thromboxane A₂. Even at low doses, however, aspirin inhibits release of prostacyclin, a potent vasodilator and platelet inhibitor.⁵⁷ Newly created anastomoses show a loss of endothelium for several millimeters from the suture line,⁵⁸ and the mechanism for prostacyclin production was thought to be absent. Contrary to previous expectations, Restifo and colleagues⁵⁹ found a clear increase in prostacyclin production at the anastomosis; they speculated that perhaps the rising levels of prostacyclin stemmed from smooth muscle or fibroblasts in the subendothelium or from an up-regulation of prostacyclin synthetase triggered by cytokines released after vessel injury. The authors conclude that “the thrombogenic tendency of the anastomosis was not explained by a decrease in this antithrombotic agent.” Prostacyclin itself as a topical agent in microvascular surgery is not effective.⁶⁰

Dextran is a polysaccharide that is clinically available in molecular weights of 40,000 (dextran-40) and 70,000 (dextran-70). Dextran was first used as a volume expander but was later found to have numerous effects on the microvascular clotting scheme, with both antiplatelet and antifibrin functions. Several pathways have been theorized for the observed decrease in platelet adhesion noted after dextran administration, including elevated negative electric charge on platelets and inactivation of von Willebrand factor, a major contributor to platelet aggregation and adhesion to vessel wall collagen.^{49,50,61,62} Multiple experimental studies have shown that dextran improves microvascular patency.⁶³⁻⁶⁸ A study in the rabbit model by Rothkopf and coworkers⁶² showed patency of microanastomoses and arterial inversion grafts at 7d to be 85% in the dextran group and 48% in controls. Clinically a 10% solution of dextran-40 is usually given as a loading dose of 40–50mL, followed by continuous intravenous infusion of 25–50mL/h. Because of reports of allergic reactions to dextran,⁵⁰ a test dose should be administered first. Dextran can also cause bleeding and subsequent vessel occlusion problems, similar to heparin. There are also reports of acute renal failure secondary to dextran use.⁶⁹

Proteolytic enzymes such as *streptokinase* and *urokinase* are being evaluated as lytic agents in thrombosed vessels and may find a place in the prevention of microvascular thrombosis, especially in traumatized vessels.^{70,71} Streptokinase is produced by group C beta-hemolytic streptococci and urokinase is produced by human kidney cells. Both can convert plasminogen into plasmin, a highly specific fibrinolytic enzyme.⁷²⁻⁷⁵ Goldberg and associates⁷⁰ report salvage of 6/7 thrombosed free flap vessels by infusion of streptokinase or urokinase. A subflap hematoma developed postoperatively in only 1 case.

Tissue plasminogen activator (tPA) is produced by human vascular endothelium and is responsible for activating plasminogen, the inactive precursor to plasmin. Apparently tPA is rapidly bound by specific inhibitors, but in the presence of high amounts of fibrin there is a shift in the activator-inhibitor complex and tPA, plasminogen, and plasmin are released, with consequent fibrinolysis.^{71,76} Levy⁷⁷ compared the effects of urokinase and tPA in the rat model and found no statistical difference

between the two substances with respect to lysis of microsurgical thrombosis. In 1989 Fudem and Walton⁷⁸ reported salvage of a free flap with a 15-minute infusion of high-dose tPA and concomitant heparin. Arnljots and colleagues⁷¹ significantly improved patency of traumatized microvessels with low-dose tPA infusion for 2 hours. Romano⁷⁹ showed statistically significant improvement in patency rates of microanastomoses in animals treated with low-dose tPA infusion over 48 hours. Stassen and coworkers⁸⁰ report successful dissolution of arterial thrombosis with selective infusion of recombinant tPA during digital revascularization. Selective infusion reduces the risk of systemic complications from tPA administration.

Several authors stress the importance of anticoagulants along with fibrinolytic therapy in microsurgery.^{50,75,81} The next horizon in manipulating the clotting mechanism to prevent microvascular thrombosis is through monoclonal antibody regulation of platelet aggregation. Gold and coworkers⁸² showed profound inhibition of platelet function in humans after administration of murine monoclonal antibodies directed against human platelet glycoprotein IIb/IIIa receptor, which mediates platelet aggregation and contributes to thromboembolic disorders.

Lan and associates⁸³ suggest another strategy for salvage of thrombosed microvascular anastomoses. The authors argue for anastomotic resection and replacement of thrombosed veins with vein grafts, together with systemic heparin administration. In the rat femoral vein model there was a high rate of recanalization when this protocol was followed.

Davies⁸⁴ surveyed the practice of anticoagulation in clinical microvascular surgery. On the basis of responses he received from 73 centers in 22 countries, Davies⁸⁴ was able to document equal success rates (89%) for *free flaps* performed with anticoagulation (691) and without anticoagulation (134). For *limb replantation* the overall success rate was lower with anticoagulation (76%) than without anticoagulation (89%). Veravuthipakorn and Veravuthipakorn⁸⁵ report very good results using no antithrombotics in free flaps nor in replants.

In light of the information currently available regarding the benefits of anticoagulation in microsurgery, the following conclusions seem warranted:

1. There are no definite indications for anticoagulation or antifibrinolytic therapy when mechani-

cal and vascular factors are optimal, eg, during elective free flap transfers.

2. When there is evidence of thrombosis in the postoperative microvascular anastomosis, flap reexploration *and* treatment with fibrinolytic therapy and anticoagulation seem prudent. Flap reexploration is the essential step.
3. Anticoagulation or fibrinolytic therapy may be indicated in clinical situations where mechanical or metabolic factors are not favorable and cannot be improved.

Tissue Response to Ischemia and Hypoxia

The transfer of tissues by microvascular anastomoses requires a period of tolerance to ischemia by the donor tissue. Skin and subcutaneous tissue are relatively resistant to the effects of anoxia, and intracellular pH changes are reversible for up to 24 hours.⁸⁶ Mammalian skeletal muscle is much less tolerant to ischemia than skin.^{87,88} Irreversible damage to the microcirculation of skeletal muscle in man begins at around 6 hours.⁸⁷ As documented by NMR spectroscopic studies,⁸⁹ irreversible damage to energy metabolism occurs after 4 hours of ischemia. In contrast, connective tissue rich in fibroblasts, chondroblasts, or osteoblasts is relatively resistant to prolonged hypoxia.⁹⁰ In peripheral nerves the neuromuscular junctions are most sensitive to ischemia.⁹¹

Cooling prolongs tolerance to ischemia in all types of tissues.⁹⁰⁻⁹⁸ Muscle and fat cells show a marked increase in histologic changes with duration of cold ischemia, while skin and small vessels remain relatively free of abnormality after circulation is restored to the tissue.⁹⁷ Donski and associates⁹⁷ studied the effect of cooling on the survival of free groin flaps in the rabbit: 86% of flaps that were cooled for 1-3d survived. Anderl⁹⁹ stored a human groin flap for 24h and reported complete flap survival; in the rat, maximum ischemia time was 6h at normal body temperatures and 48h if cooled.⁹⁶ Reus⁹⁸ suggests rewarming of arterial flaps before circulation is reestablished to ensure adequate blood flow during the ensuing hyperemic period.

Takayanagi and Tsukie¹⁰⁰ report survival of at least the skin portion of a latissimus dorsi musculocutaneous free flap after 15-17h of cold ischemia. May and colleagues⁹⁵ note 100% survival of rabbit free flaps at 4h of normothermic ischemia, decreasing

to 80% at 8h. Berggren and coworkers⁹⁰ showed complete survival of bone grafts preserved in Collins-Terasaki solution at 5°C after 25h of ischemia provided that the medullary nutrient blood supply was later reconstituted. Chinese investigators successfully replanted limbs in animals after 108h of cold ischemia.⁹⁴ Baek and Kim¹⁰¹ report successful replantation of 2 fingers after 42h of warm ischemia. Walkinshaw¹⁰² showed that proximal bowel segments are more resistant to warm ischemia than distal small bowel segments and suggested using proximal bowel for free transfer.

From a review of the literature, we have compiled the following estimates of tissue tolerance to ischemia (Table 2):

TABLE 2
Ischemic Tolerance of Various Tissues

Tissue	Warm	Cold
skin and subcutaneous tissue	4-6h	up to 12h
muscle	<2h	8h
bone	<3h	24h

Reperfusion Injury and the No-Reflow Effect

Success in the clinical setting often depends on the response of the vascular endothelium to ischemia. While studying the effects of ischemia on rabbit brains in 1968, Ames and associates¹⁰³ noted that some ischemic organs failed to reperfuse after their blood supply had been reestablished, and called this the *no-reflow* phenomenon.

The mechanism of no-reflow is thought to involve cellular swelling in the vascular endothelium with subsequent intravascular platelet aggregation and leakage of intravascular fluid into the interstitial space. This hypothesis correlates well with clinical observations of excellent blood flow immediately following anastomosis that decreases shortly after the no-reflow phenomenon takes effect, at which point the low-flow state triggers intravascular thrombosis and flap ischemia.

May and associates⁹⁵ investigated no-reflow in denervated free epigastric flaps in the rabbit, which closely approximates the clinical situation. The authors demonstrated mild obstruction to blood flow as early as 1h postischemia, increasing in severity and degree at 8h and 12h. Histologic changes

were reversible at 4h and 8h but became incontrovertible at 12h, culminating in death of the flaps.

Zdeblick and others¹⁰⁴ studied the no-reflow effect in replanted rat hind limbs. Predictors of no-reflow were (a) an increased number of red blood cell aggregates 5min after replantation and (b) changes in tissue pH persisting for >1h post-replantation. Clearance of H⁺ and lactate is associated with improved flow. Their findings support the concept of ongoing arterial obstruction, AV shunting, and altered thrombogenic fibrinolytic system as the mechanism of the no-reflow phenomenon.

Jacobs and colleagues¹⁰⁵ noted an inversely proportional relationship between warm ischemia time and fibrinolytic activity. The greatest drop in fibrinolysis occurred at 0–6h of warm ischemia. Suval and others^{106,107} showed that changes in microvascular permeability occur during reperfusion after 30min or 2h of ischemia. The first manifestations of tissue damage in reperfusion injury are due to leukocytic and endothelial cell interactions. No-reflow occurred in 30% of the muscle tissue regardless of ischemia time.

Russell and colleagues¹⁰⁸ and Manson and co-workers¹⁰⁹ discuss the mechanisms of ischemia-induced injury to cells and the role of oxygen free radicals in the reperfusion of ischemic tissue. Reperfusion of muscle is followed by a local response and an inflammatory response. The *local response* consists of swelling—that is, the muscle flap or replanted limb grows in size upon reperfusion. This effect makes fasciotomies prudent in most cases and mandatory in all but those with the shortest ischemia times. The swelling may also be evident in buried muscle flaps.

The *inflammatory response* parallels ischemia time up until cell death begins to occur. When cell death is diffuse, such as after very long ischemia times, the no-reflow is essentially immediate and very little inflammatory response ensues. Areas of muscle that have slight ischemic damage will therefore generate few inflammatory mediators upon reperfusion. For instance, muscle flaps that are appropriately cooled or flaps that were reperfused in under 1h will generate much less inflammation than muscle which was not cooled or that was exposed to longer ischemia times. Intermediate zones in replanted muscle or transferred muscle flaps after 2+h of warm ischemia produce high

levels of inflammatory mediators and eventually show the worst cell damage. Thus in a replanted limb certain areas will suffer more than others, and surgeons may choose to be more liberal with anticoagulants when ischemia is prolonged. In the short term anticoagulants serve to decrease inflammation associated with the clotting cascade and potentially help salvage these watershed areas of significant but reversible ischemia.¹¹⁰

Several authors have shown the effect of thrombolytic agents in reversing ischemic changes in human and rat myocardium.^{66,72} Others report salvage of flaps in the clinical situation upon administration of thrombolytic drugs when the no-reflow phenomenon was probably in effect.^{70,73,111} Non-steroidal antiinflammatory agents inhibit cyclooxygenase and block the effects of thromboxane A₂, such as vasoconstriction and microvascular thrombus formation. Douglas and associates¹¹² showed that ibuprofen-treated flaps survive longer periods of ischemia. These flaps had accelerated fluorescein uptake that suggested reversal of thrombosis and vasoconstriction. Feng and colleagues¹¹³ postulated that the ratio of vasoconstricting to vasodilating prostaglandins may be responsible for the microcirculatory changes that result in the no-reflow phenomenon. Schmid-Schonbein,¹¹⁴ on the other hand, states that capillary plugging by granulocytes appears to be the mechanism underlying no-reflow.

The actual *number* of platelets in the circulation may not affect microvascular patency in routine microsurgery cases. Kuo and colleagues¹¹⁵ studied microanastomoses in splenectomized rats with thrombocytosis versus rats with normal platelet counts, and found similar patency rates.

In summary, the common denominator in failure of microvascular anastomoses is endothelial disruption with exposure of subendothelial collagen-containing surfaces to which platelets adhere.¹¹⁶ If platelet aggregation reaches a certain mass, it will trigger fibrin deposition that leads to vasospasm, stenosis, and eventual thrombosis of the vessel. As the blood flow rate through the anastomosis falls below a critical level, the flap fails. When this happens in enough of the watershed areas, it can propagate to other potentially salvageable but nevertheless vulnerable areas of the muscle.

Free flap failure is not necessarily an all-or-none phenomenon. Although thrombosis at the arterial

or venous anastomosis with cessation of blood flow to a flap often results in complete flap loss, occasionally free flaps experience a slow, progressive, and partial death that is potentially reversible. Weinzweig and Gonzalez¹¹⁶ report their experience with 10 patients in whom free flap failure was not an all-or-none phenomenon. The authors discuss their experience with these failing flaps and state that with dressing changes, judicious debridement, and skin grafts or other local flaps the dying flaps can often be salvaged without resorting to other free tissue transfer.

TECHNICAL FACTORS

Many factors contribute to the success of a microvascular procedure. Among technical variables are *instruments and sutures* used for the anastomosis and the *technique* of anastomosis. Other miscellaneous considerations influencing the outcome of free tissue transfer are the choice of *donor and recipient vasculature*; whether the anastomosis is performed outside the “*zone of injury*”; technical *expertise* of the surgeon; and patient history of *tobacco* smoking. One of the most important prerequisites for success in microsurgery is organization. The operating room, staff, and equipment must be well prepared for microsurgery. The surgeons must be organized in their planning and execution. And the hospital/unit itself must be organized. Postoperative care is as important as all the steps that come before the recovery room. Germann, Bruner, and Pelzer¹¹⁷ offer concise and useful principles for organization of and preparation for microsurgery.

Magnification

Daniel and Terzis¹¹⁸ recount the evolution of operative magnification. Hoerenz,^{119–121} Nunley,¹²² and O’Brien and others⁵ comprehensively review the operating microscope. Shenaq, Klebuc, and Vargo¹²³ recount an 8-year experience with loupe magnification for free tissue transfer. Of 251 free tissue transfers performed during this time using a 5.5X loupe, 97.2% were successful. The partial flap necrosis rate was 1.2% and the revision rate for anastomoses was 8.3%, which compares well with surgeries done under the operating microscope. The most favorable results were achieved with free

flaps (98.5% success) and toe-to-hand transfers (96.4% success). Digital replantation was less successful (79.2% success). The authors advocate use of loupe magnification for microvascular anastomosis of vessels ≤ 1.0 mm diam. Unlike the operating microscope, loupes are cost effective, portable, and free the operator’s position.

Serletti and colleagues¹²⁴ compared loupe vs microscope visualization in a series of 200 free flaps. This was a retrospective review with an inherent bias, since at the time of flap transfer the choice of magnification was influenced by the size of vessels encountered, the anatomic area of surgery, and patient factors. In general, the authors chose loupe magnification for adult head and neck and breast reconstruction. The microscope was used more often in children and in vessels ≤ 1.5 mm diam. Despite the presence of bias, the findings support the use of loupe magnification for selected microsurgical cases in the hands of experienced microsurgeons.

Ross and coworkers¹²⁵ looked at the results of a large series of free flaps transferred to the head and neck with the aid of loupe vs the microscope. Similar complications were recorded in the two groups and shorter operating times in the loupe group.

Microsurgical instruments should be few in number and high in quality. Acland¹²⁶ and O’Brien⁵ list the essential instruments for any microsurgical setup and their proper use.

Number of Sutures

The number of sutures used in the anastomosis is critical: too few and there may be excessive bleeding and thrombus formation; too many and the increased damage to the endothelium risks intravascular thrombosis. The goal is to achieve a well-approximated, sealed, nonbleeding union with a minimum number of sutures.

Colen and associates¹²⁷ studied the relationship between the number of sutures and the strength of a microvascular anastomosis in rat femoral vessels. They determined that an 8-suture anastomosis most closely paralleled the control state in this animal model. Zhang and colleagues^{128,129} report excellent patency in rat femoral vessels using a 4-stitch sleeve anastomosis. They also describe a 3-suture sleeve technique.

Type of Sutures

Both absorbable and nonabsorbable sutures have been used for microanastomosis. Mii and coworkers¹³⁰ demonstrated faster and smoother endothelial regeneration with polyglycolic acid absorbable material than with nonabsorbable suture. Thiede et al¹³¹ showed no increased aneurysm or pseudoaneurysm formation and no vascular ruptures due to decreased mechanical endurance with polyglycolic acid or polyglactin sutures. Chen, Seaber, and Urbaniak¹³² used interrupted, non-absorbable suture technique for anastomosis in young rat femoral arteries. The vessels were later examined when the rats were adults and had gained weight. There was evidence of growth at the anastomotic sites without stenosis or hyperplasia. The authors concluded that the use of interrupted, non-absorbable suture technique in small vessels that are expected to grow over time is safe in rats and may be safe in children requiring microvascular surgery. Currently most practitioners use non-absorbable (prolene or nylon) sutures in their clinical cases.

Anastomotic Technique: Interrupted, Continuous, Sleeve, and Adhesives

Techniques of microvascular anastomosis with interrupted sutures are modified from Carrel's³ triangulation method. Daniel and Terzis¹¹⁸ illustrate the basic microsurgical anastomotic techniques in their text. Mechanical factors in a given clinical setting sometimes dictate a departure from or modification of the conventional triangulation or bicentric angulation methods, but patency rates must not suffer in the process. The surgeon's expertise and time required for the anastomosis should be considered when formulating the operative plan.

A variety of methods have been described for microvascular anastomosis. Simple *interrupted* full-thickness sutures are preferred and the standard to which all new anastomotic techniques are compared.

Anastomoses performed with *continuous sutures* are no different from interrupted sutures in patency rates and blood velocity profiles,^{133,134} only much faster.^{135,136} Patency rates in the rabbit are 92% arterial and 84% venous. In the rat carotid artery Firsching et al¹³⁷ showed 100% patency at 2–4mo with continuous sutures. The main argument against

the use of continuous suture is that it may narrow the caliber of the vessel lumen.¹³⁶ Suture entrapment in vessel clamps and suture breakage have also been reported.¹³⁸ Cordeiro¹³⁹ reported his experience with continuous suture anastomosis in 200 consecutive free flaps. His success rate was similar to that of other large series with interrupted sutures. In contrast, Chase and Schwartz¹⁴⁰ report better results with simple interrupted sutures than with continuous sutures.

Chen and Chiu¹⁴¹ described a spiral interrupted suture technique that combines elements of the continuous and interrupted suture techniques. The authors note the technique is faster than a simple interrupted suture but is frequently associated with a purse-string-like constriction of end-to-end venous anastomoses.

Man and Acland¹⁴² described a refined continuous suture technique and report a 14d patency rate of 85% in the rat femoral artery, compared with 80% patency for interrupted sutures. In their opinion the overriding advantage of the continuous technique is that it cuts in half the anastomotic time.

The *sleeve* technique originally described by Lauritzen^{143,144} is said to be faster and simpler to perform, and suture placement causes less trauma to the vessels. Lauritzen¹⁴⁴ describes his precise technique and notes that endothelialization of the anastomosis takes 1 week, or half the time needed by conventional suture anastomoses. Clinically the telescoped technique is hampered by difficulty in anastomosing veins and other vessels of various diameters. Duminy,¹⁴⁵ however, altered the technique and showed a high patency rate as well as easier anastomosis of different-sized vessels.

Krag and Holck¹⁴⁶ compared the telescoped anastomotic technique with the traditional end-to-end method in the femoral arteries and veins of rats. They found less risk of late thrombus deposition with the sleeve technique (13% versus 41%), although the patency rates at 1 week were the same (88%). Sully et al¹⁴⁷ demonstrated a lower patency rate (84%) with the telescoping technique compared with the conventional interrupted suture technique (98%) in the rat femoral artery model. O'Brien and colleagues⁵ confirmed Sully's findings and do not recommend sleeve anastomosis because of its overall lower patency rate.

Turan and colleagues¹⁴⁸ extended the concept of fish-mouthing the vessel ends and applied it to

microsurgery. In a controlled animal study, the authors compared traditional interrupted anastomoses to their 4-suture everted, fish-mouthed anastomoses. The patency and anastomotic complication rates were similar in the groups. The time needed for anastomosis was shorter with the everted technique.

Early experimental studies of vascular repairs using synthetic adhesives yielded less than satisfactory results.^{149,150} Occasionally the adhesive penetrated into the vessel lumen and caused instant thrombosis. In 1977 Matras¹⁵¹ proposed the use of fibrin tubes for vascular end-to-end anastomosis. Other authors have used fibrinogen adhesive to augment techniques such as conventional suture anastomosis,¹⁵² a coupling technique,¹⁵³ and the sleeve method,¹⁵⁴ with variable results. Despite similar patency rates to conventional anastomoses,^{155,156} fibrinogen adhesive is not as versatile as suturing and may not be applicable to end-to-end anastomoses or anastomoses in which the vessels are of different caliber.

End-to-End, End-to-Side, and End-in-End

End-to-end vessel anastomosis is most common in microvascular surgery. When a size discrepancy exists between the donor and recipient vessels, a decision must be made as to the type of repair. A difference of 2:1 or less may be handled by gently dilating the smaller vessel and not dilating the larger one.¹⁵⁷ Another option in dealing with vessel size discrepancy is to cut the end of the smaller vessel at a slightly oblique angle to increase its diameter.¹⁵⁸

One must be extremely wary of a significant mismatch when performing end-to-end venous anastomosis.¹⁵⁹ If the discrepancy is such that the anastomosis would be compromised, end-to-side anastomosis should be considered. If a limb or appendage depends on only a single vessel for perfusion, an end-to-side repair must also be done.

Godina¹⁶⁰ reported his clinical experience with microvascular transplantation and showed a higher failure rate with end-to-end anastomoses. He subsequently proclaimed the end-to-side technique as his choice for lower extremity free flaps. In contrast, Samaha¹⁶¹ found no statistical differences in the patency rates in 1051 consecutive tissue transplants as long as good clinical judgment was used in the choice of recipient vessels.

Animal experiments have failed to demonstrate a difference in patency rates between end-to-end and end-to-side techniques when repairing vessels of similar diameter.¹⁶² When size-discrepant vessels are involved, end-to-side venous repairs have proved to be significantly better.¹⁶³ The dynamics of flow in end-to-side arterial repairs are favorable.^{164,165}

In 1978 Lauritzen¹⁶⁶ described the sleeve anastomosis or end-in-end anastomosis, an invaginating technique with far fewer sutures than the end-to-end method. Experimental studies show patency rates similar to those achieved with conventional end-to-end sutures plus significant time savings and minimal intimal trauma.^{143-147,166,167} Nakayama et al¹⁶⁸ reported 15 free flap transfers using sleeve vascular anastomoses with only 1 failure. They suggest that this technique is best indicated if a favourable size discrepancy between donor and recipient vessels exists (small caliber upstream end to large caliber downstream end).

The sleeve technique has not been widely adopted by surgeons due to reports of stenosis, thrombus,^{169,170} and aneurysm formation.¹⁷¹ In the clinical setting many factors influence the choice of microvascular anastomotic technique. The choice of technique should be secondary to the choice of recipient vessels. In single-vessel limbs and when anastomosing vessels of considerable size mismatch, the end-to-side technique is preferred.

Cuffs, Couplers, Staplers, and Automatic Suturing Devices

The use of cuffs and stents to simplify and expedite microvascular anastomoses has been touted as an alternative to conventional methods. McLean¹⁷² in 1973 suggested reducing the number of sutures during microanastomosis by means of a saran wrap cuff, and Tschoff¹⁷³ in 1975 used a lyophilized dural cuff for the same purpose. Harris¹⁷⁴ reported a basic autogenous cuff technique consisting of six sutures. Modifications involving fewer sutures,^{175,176} fat wraps,¹⁷⁷ polythene cuffs,¹⁷⁸ silicone rubber cuffs,¹⁷⁹ external absorbable splints,¹⁸⁰ intravascular stents,¹⁸¹ and metallic circles¹⁸² have been described.

Cuff techniques produce patency rates similar to those achieved with manual sutures while reducing operative time and suture-induced trauma in

experimental models.¹⁷⁴⁻¹⁷⁷ However, most of these techniques are difficult to implement, open up new problems, and very few have been applied clinically.¹⁸³

Connectors have been proposed to facilitate microvascular anastomoses and improve reliability. The first ring device was introduced in 1962 by Nakayama.¹⁸⁴ In 1979 Ostrup and Berggren¹⁸⁵ introduced a modification of this device (Unilink) that subsequently evolved into the 3M microvascular anastomotic *coupler*. Clinical series of vessels anastomosed with the mechanical device have shown equal or greater patency rates and faster anastomosis of either normal or irradiated vessels.¹⁸⁶⁻¹⁸⁸ Histologic studies show the same healing process whether the anastomosis was done with conventional sutures or mechanically.¹⁸⁹ At 16 weeks postrepair, coupled anastomoses are 50% stronger than sutured vessels.¹⁹⁰ Biodegradable ring devices do not seem to have any advantage over nonabsorbable devices¹⁹¹ and may cause thrombosis due to the inflammatory response to the ring during absorption.¹⁸⁷

Most authors find mechanical coupling devices especially useful for end-to-end anastomosis in veins and soft arteries.^{187,188} The applicability of these devices in thick-walled arteries, in vessels with diameters <1.0mm, or for end-to-side anastomosis is less convincing and at this point appears limited.^{188,192}

Zeebregts and coworkers¹⁹³ compared standard suture technique to VCS nonpenetrating clips and Unilink rings. The authors noted excellent patency with all three methods. The devices can reduce anastomotic time in experienced hands.

Cope and colleagues¹⁹⁴ report the successful use of a microvascular *stapling device* that can be used for end-to-side anastomoses as well as end-to-end. In general, disadvantages of stapling techniques include: 1) the necessity to mobilize the vessel in order to evert them; 2) shortening of the vessel through loss of the everted cuff; 3) the need to precisely match the bushing size with the vessel; 4) less flexibility in "tailoring" the anastomosis when there is discrepancy in vessel size; 5) limited availability of the apparatus.

Shennib and associates¹⁹⁵ studied the use of an *automatic vascular suturing device* in a pig model. The average anastomotic time was 22 minutes with 7-0 suture; patency rates were good. Devices like

these may find future applications in microvascular surgery. Of course, they will provide a benefit only if they serve to shorten operating time, improve patency rates, and/or make the anastomosis technically easier.

Laser Anastomosis

Laser-assisted microvascular anastomoses have been evaluated in various experimental models and in a few clinical series. The patency rates obtained compare favorably with those obtained with conventional manual sutures and have the advantage of shorter operative times, limited endothelial trauma with small thrombogenic risk, and no suture material to trigger a foreign-body reaction.

A wide range of laser wavelengths have been used, including those emitted by the carbon dioxide,^{196,197} argon,¹⁹⁸ neodymium:YAG,¹⁹⁹ KPT,²⁰⁰ and diode²⁰¹ lasers. The adjunctive use of photosensitizing dyes makes low-energy discharges possible and minimizes collateral tissue damage.²⁰²

The mechanism of tissue fusion through laser energy is still undefined. The initial strength of such a bond depends on physical factors (collagen coiling and crosslinking and coagulum formation) rather than biological processes such as inflammation and healing.²⁰³ The tissue-welding phenomenon may be due simply to heat generated by the laser energy or may be wavelength-dependent.

To date, laser assisted microvascular anastomosis is considered investigational. Difficulties with aneurysm formation²⁰⁴ and low breaking and tensile strength in the early postoperative period²⁰⁵ as well as the cumbersome size and high maintenance cost of conventional lasers have delayed full acceptance into clinical practice. On the other hand, miniature diode lasers with fiberoptic delivery systems and selective photo-welding techniques appear promising to the future of microsurgery.

MONITORING PERFUSION

Salvage of a failing free flap requires timely recognition of inadequate flow and prompt intervention to correct the problem. To be effective, clinical assessment of skin color, temperature, and capillary refill must be performed by a knowledgeable and experienced observer. Other, more sophisticated methods of evaluating circulation after free-

tissue transfer have been proposed, and some of these will be reviewed below.

Devices to monitor blood flow in flaps should be relatively inexpensive, highly reliable, and simple to operate and interpret. The monitoring technique should also be continuous and applicable to many different kinds of flaps.

The Doppler ultrasound flowmeter is the most common means for gauging circulation after free-tissue transfer.²⁰⁶ It can be used to monitor both arterial and venous blood flow in flaps. The laser Doppler has the additional advantage that it can continuously record the microcirculatory flow in all types of cutaneous and musculocutaneous free flaps and replanted limbs. Nevertheless, Walkinshaw and associates²⁰⁷ find the laser Doppler unable to predict future clinical events and no more accurate than clinical assessment in pointing to the need for clinical intervention.

Temperature monitoring is a widely used measure of flap circulation. May²⁰⁸ describes the experimental evolution and clinical application of an implantable thermocouple to monitor patency of the microvascular pedicle.

Acland's²⁰⁹ surface temperature measurements have proven most useful for monitoring replanted digits, but Kaufman and colleagues²¹⁰ found that, in muscle free flaps, temperature monitoring is labile, easily changed by environmental manipulation, and as such is unreliable in assessing the vascular status.

Khouri and Shaw²¹¹ present their series of 600 consecutive free flaps monitored by surface temperature recordings. They specifically monitored the difference in temperature between the flap and a control site on the patient's normal skin. After 10,000 temperature readings, the authors found only one temperature difference $>1.8^{\circ}\text{C}$ that failed to show a microvascular thrombosis. There were 17 false-positive readings. Khouri and Shaw detected 52 thrombosed flaps using surface temperature monitoring and were able to salvage 45 of these free flaps by reexploration.²¹¹

In his discussion of this paper, Jones²¹² notes that he has discontinued the use of surface temperature monitoring in replantation and toe-to-thumb transfers and currently uses the pulse oxymeter instead. Jones also feels that differential surface temperature monitoring is not sufficiently sensitive to monitor free muscle flaps covered with split-thickness skin grafts. In his opinion, the only clinical appli-

cability of surface temperature recordings is in skin or skin island flaps, and even these can be clinically monitored more easily by means of capillary refill and Doppler probes.

Jones and Gupta²¹³ expand upon this topic and report efficacy of differential oximetry to assess perfusion in pediatric toe-to-hand transfers. Continuous pulse oximetry of a normal digit is the baseline reference.

Roberts and Jones²¹⁴ describe direct monitoring of microvascular anastomoses with an implantable ultrasonic Doppler probe. These authors as well as Swartz and colleagues²¹⁵ note that the Doppler probe can recognize and distinguish between arterial and venous occlusion, and in so doing is more reliable than a thermocouple probe. Venous occlusion may be difficult to detect by Doppler probe, especially in large muscle flaps.²¹⁵ Fernando, Young, and Logan²¹⁶ implant a laser Doppler probe directly into muscle or subcutaneous tissue distal to the vascular pedicle. The Doppler recordings correlate with blood flow in the flap, and arterial compromise is readily detected. Rothkopf and colleagues²¹⁷ assess patency rates of microvascular anastomoses in the upper extremity by color Doppler ultrasonographic imaging.

Whitney and colleagues²¹⁸ report significantly higher salvage rates (85.7%) of transplanted toes and cutaneous flaps that were reexplored based on quantitative fluorometry findings compared with similar microvascular transplants that were not monitored with fluorescein (55.5%). The overall accuracy of quantitative fluorometry in their 23-transplant, 8-year experience was 91.3%.

Jones, Glassford, and Hillman²¹⁹ described remote monitoring of free flaps with telephonic transmission of photoplethysmographic waveforms, which theoretically would facilitate surveillance of the flap by the operating surgeon.

Currently there is no consensus on which method is most effective for monitoring free tissue transfers.²²⁰ Replants and toe-to-thumb transfers can be effectively monitored by pulse oxymetry, while free flaps are often monitored with Doppler hand-held pencil probes for several days after surgery, along with clinical observation.²²⁰ The implantable venous Doppler is used by many modern microsurgeons. Some clinicians evaluate perfusion by clinical examination alone.

THE INFLUENCE OF PATIENT FACTORS

Tobacco Use

Cigarette smoking has been shown to affect cutaneous blood flow,²²¹ wound healing,^{221,222} and survival of pedicled flaps.^{223,224} The overall effect of byproducts of cigarette smoke is to produce a thrombogenic state through their action on the dermal microvasculature, blood constituents, and vasoconstricting prostaglandins.

Nolan,²²⁴ Gu,²²⁵ and van Adrichem²²⁶ showed in experimental studies that smoking was detrimental to microvascular surgery in terms of delayed anastomotic healing and free flap failure. Surprisingly, large clinical series and some experimental studies have failed to show any damaging effects of cigarette smoking on free tissue transfers.^{227–229} Arnez²³⁰ reported no difference in flap loss or vascular thrombosis rates in smokers compared with nonsmokers in 50 free TRAM flap breast reconstructions. Reus²³¹ reported no difference in anastomotic patency or overall survival of 162 free flaps whether the patients smoked or not. Buncke²²⁹ reviewed 963 free tissue transfers and showed no statistically significant difference in vessel patency, flap survival, or reoperation rate between cigarette smokers and nonsmokers. Smokers did show a higher incidence of healing complications at the flap interface and at the donor-site wound.^{229,231}

Cigarette smoking seems to adversely affect the outcome of digital replantation surgery. Van Adrichem²³² demonstrated that tobacco smoking decreases microcirculatory blood flow in replanted digits compared with healthy digits. Buncke²²⁹ observed that 80–90% of smokers ultimately lose their replanted digits if they smoke in the 2mo before or after surgery. He does not believe that smoking is an absolute contraindication to digital replantation, but states that it is imperative for patients not to smoke postoperatively. The reason why cigarette smoking has a greater adverse effect on digital replantations than on free flaps is unclear. Digital blood flow is under much stronger vasomotor control than other areas in the body and is more sensitive to the vasoconstrictive effects of nicotine.

Patient Age

Parry and colleagues²³³ report 96% success with free tissue transfer in children. Canales and associ-

ates²³⁴ echo these findings in 106 pediatric patients operated on between 1973 and 1989. Their success rate (93% in the last 5 years reported) and complications in children were similar to those obtained in their adult cases. No growth-related complications were noted at either the recipient or donor sites.

Yucel and coworkers²³⁵ reported no significant vessel spasm and a 95% overall success rate in 20 pediatric free flaps. Clarke et al²³⁶ reported a 99% flap survival rate in pediatric microvascular cases despite frequent but manageable complications. Vessel spasm was not a significant problem. Duteille, Lim, and Dautel²³⁷ reported excellent results in 22 pediatric free flaps. They believe children have a greater risk of vasospasm that is compounded by the small vessel size, and recommend great care with vessel dissection. Regional and local anesthesia is used to enhance vessel dilation and fat cells are left around the vessels. Lidocaine 2% is used around the vessels at the time of anastomosis.

Patients older than 65 can also undergo successful free tissue transfers.²³⁸ Chick and coworkers²³⁸ noted a successful outcome in 30/31 free flaps transferred in patients >65y. The wound healing complications were the same in the over-65 and under-65 groups. The authors conclude that age alone is not a factor in success or failure of free flaps when preexisting medical conditions are factored out of the equation. Advanced age alone was not a factor in morbidity or mortality from the microsurgical procedure.

Shestak and Jones²³⁹ reported successful free tissue transfer in 93/94 flaps performed in patients aged 50–79y, for a free-flap viability rate of 99%. Complications were primarily nonsurgical and averaged 30%. Mortality was 5.4%.

Serletti and colleagues²⁴⁰ reported a free flap series in elderly patients (avg age 72y). Success rates were excellent and in-line with other age groups. The higher rate of medical complications was associated with patient comorbidities but not with age itself as an independent factor. Complications also increased as operative times increased. Higher rates of reconstructive failure were noted in cases of attempted limb salvage in patients with peripheral vascular disease.

To summarize, comorbidities and type of reconstruction must be taken into account when evaluating elderly patients for free tissue transfer, but age

alone should not deter the experienced microsurgeon.

Systemic Disease

Banis and others²⁴¹ have shown that microsurgery can be a valuable tool in the salvage of ischemic lower extremities from atherosclerosis of diabetic microangiopathy. Karp and coworkers²⁴² reported their experience with 21 free flaps in 19 diabetic patients and documented only 1 flap loss, with all patients able to ambulate on their flaps. Nevertheless, 5/19 original patients needed eventual amputation at 6–37mo.

Moran and colleagues²⁴³ reviewed a large number of flaps comprising their 10 year experience with free flaps in the context of lower extremity peripheral vascular disease. Perioperative mortality was 5%; 5-year flap survival was 77%; limb salvage, 63%; and patient 5-year survival, 67%. Clearly, peripheral vascular disease is a significant risk factor for any long surgery. It is also a known risk factor for early death. Many of the amputations and patient deaths had nothing to do with the free tissue transfer, but PVD as a comorbidity must be weighed when considering free flaps in this patient population.

Moran's group²⁴⁴ also identified patients with renal insufficiency who underwent free tissue transfer. More than PVD, renal disease appears to be a stronger predictor of reconstructive failure and major medical complications, including death; 52% of these patients suffered major morbidity or mortality in postop year 1. Among those who survived the first year, reconstruction was successful in 55%.

For a more complete review of peripheral vascular disease, renal disease, and other comorbidities in reconstructive microsurgery of the lower extremity, the reader is referred to *Selected Readings in Plastic Surgery* Volume 10, Number 5, Part 1.

MICROVASCULAR GRAFTS AND PROSTHESES

When it is not possible to repair a vessel by anastomosing the cut ends, such as in cases of traumatic loss or when additional vessel resection is needed, grafts of *autogenous veins* are the most common substitute circulatory conduit used in humans. Vein grafts are readily available and can be harvested in predetermined lengths and diameter to match as

closely as possible the caliber of the recipient vessel(s). Autogenous vein grafts are reversed for spanning intraarterial gaps and placed directionally for bridging intravenous gaps.

The histologic changes that take place in vein grafts after placement in the arterial system have been well described in the literature.^{245,246} Mitchell and coworkers²⁴⁷ studied the long-term fate of microvenous autografts. The patency of intraarterial vein grafts was 98%; of intravenous vein grafts, 100%. Intraarterial vein grafts were modified by the ingrowth of smooth muscle cells from the recipient artery, and this influx of smooth muscle cells created a neointima that thickened the walls of the vein graft considerably. In contrast, intravenous vein grafts maintained normal vein morphology. There was an unexplained loss in length of the grafts of approximately 30%, which led to the recommendation that vein grafts should be 35% longer than the measured gap.

Despite the success with autogenous vein grafts, experimental investigation of synthetic materials to replace small vessels continues.^{248–253} The most common materials tested for this purpose are fibrous *polyurethane* (PU) and microporous or expanded *polytetrafluoroethylene* (PTFE).

Hess²⁵³ and O'Brien and associates²⁵² review the experimental results obtained with PTFE microvascular prostheses. In some series the early patency rates were adequate, but in time neointimal hyperplasia and subsequent anastomotic narrowing were noted and led to concern about long-term patency rates. Shen and colleagues²⁵⁴ note significant thrombosis and occlusion when 2mm expanded PTFE grafts are used in low-flow free flaps in the rabbit.

Van der Lei and Wildevuur²⁵⁵ reported poor neoendothelialization in PTFE grafts although patency was high in the high-flow, short-segment grafts. Samuels and coworkers²⁵⁶ on the other hand, noted that short-segment PTFE microvascular grafts were covered with a layer of endothelium, and reported a long-term patency rate of 80% and no evidence of excessive neointimal hyperplasia.

Yeh and others²⁵⁷ describe the use of *human umbilical artery grafts* as a microvascular substitute. Although early patency of the grafts was good, with time there was significant degeneration of the vessel walls. Subsequently Roberts and colleagues²⁵⁸ reported that the technique of glutaraldehyde tanning of human chorionic veins appeared to be

responsible for the low patency rate of the grafts, rather than fibrosis from the immunological reaction.

MICROANASTOMOSES OF IRRADIATED VESSELS

Radiotherapy is known to impair wound healing by decreasing the number of blood vessels in tissue by progressive thrombosis, resulting in tissue ischemia; by decreasing fibroblast proliferation and production of collagen; and by destroying epithelial cells. Patency in experimental microvascular anastomoses performed after irradiation has been highly variable. Earlier studies showed that it is significantly lower than in nonirradiated vessels.^{259–261} Other series, both experimental^{262,263} and clinical,^{264–269} show high flap success rates and low morbidity in irradiated beds.

Mulholland²⁶⁵ compared free flap survival rates in 226 irradiated and 108 nonirradiated head and neck reconstructions and reported similar failure rates for both groups. Reece²⁶⁶ reviewed 66 elderly cancer patients who underwent tumor resection and free tissue transfer after previous radiotherapy. He found no significant differences for flap failure or wound healing problems when compared to a similar group who had not received radiotherapy. Similarly Bengston²⁶⁷ and Schusterman²⁶⁸ showed in large clinical series that prior radiotherapy do not predispose to a higher rate of acute free flap loss or wound complications. Kroll²⁶⁹ reviewed 854 consecutive free flaps and concluded that previous irradiation had no significant effect on flap failure rates. A prospective survey of 493 free flaps by the International Microvascular Research Group²⁷⁰ suggests that more caution should be exercised in performing free flap transfer in patients with an irradiated recipient bed.

Guelincks²⁷¹ proposes the following guidelines for anastomosis of irradiated recipient vessels:

- limit dissection of recipient vessels to reduce manipulation and injury
- restrict electrocoagulation of arterial side branches
- use small-gauge needles and suture materials (eg, 10-0 nylon sutures swaged on 70mc needles)

- pass the microneedle from inside to outside to minimize intramural dissection and injury
- shorten the period of vessel cross-clamping to minimize stasis and microthrombi
- flush vessels with a heparinized solution during the anastomosis and before restoring blood flow

FREE FLAPS

It has been over two decades since the first reports of human composite tissue transfers by microvascular anastomoses. Twenty-five years ago free-tissue transfer was in the hands of a few pioneers; 20 years ago, free-tissue transfer was primarily practiced at university centers. Today, free-tissue transfer is fully entrenched as a technique that nonacademic private practitioners quite readily adopt in the treatment of their patients. As of this writing, free flaps are being performed at an ever-increasing rate and for ever-expanding indications.

Microsurgical procedures are now used with confidence in situations that were previously thought to present a high risk of failure—such as in irradiated fields,²⁶⁵ elderly patients,^{238,239} or those with occlusive peripheral vascular disease from generalized arteriosclerosis or diabetes mellitus.²⁴¹ Shestak and Jones²³⁹ reported successful free tissue transfer in 93/94 flaps in patients aged 50–79 years, for a free flap viability rate of 99%. Complications were primarily nonsurgical and averaged 30%. Mortality was 5.4%. Chick and colleagues²³⁸ noted successful free flap transfers in 30/31 patients >65y. The wound healing complications were the same as in a younger cohort. The authors conclude that age alone is not a factor in the success or failure of free tissue transfers when preexisting medical conditions are factored out of the equation.

The reported success rates of microvascular transfers rose as experience with the procedures mounted. Approximately 10 years ago, success rates were in the 90% to 94% range, with 10% incidence of thrombosis. In the survey by Khouri²⁷⁰ encompassing data from nine microsurgical centers, the combined success rate of microvascular flap transfers was 98.8%, and only 3.7% of flaps were reexplored for thrombosis. Moreover, an esthetic final result is what most plastic surgeons currently strive for and expect from microvascular surgery, not just simply a cover for the wound.

Failure of free tissue transfers is most often due to technical factors. Khouri²⁷⁰ discusses the reasons why free flaps fail and suggests ways to avoid them. In his extensive review most free flaps were performed for posttraumatic indications and to treat extremity defects, and this is where the overwhelming majority of complications occurred. Apparently, the magnitude of the traumatic insult is the single most important factor influencing the subsequent development of microvascular thrombosis. Khouri²⁷⁰ stresses that one should always seek the vascular pedicle of largest diameter among the options of donor tissue for a given situation, since failures are high when small-diameter pedicles are used, especially if <1mm. It should also be remembered that published descriptions of a flap do not always mirror the clinical situation, and alternative sources of donor tissue should always be kept in mind. In an excellent review, Pederson²⁷² details the principles behind free tissue transfer in the upper extremity.

Skin, Fascia and Perforator Flaps

The **free groin flap** was the first flap to be successfully transferred by direct microvascular anastomoses, yet it is rarely used in free tissue transfers today because of the anatomic variability of the donor vascular pedicle. One of the most common and versatile skin flaps for microvascular transfer is the **radial forearm flap**,^{273–276} particularly in head and neck reconstruction. Other reliable options are the **scapular**,^{277–279} **parascapular**,²⁸⁰ **lateral arm**,²⁸¹ and **dorsalis pedis** free flaps.^{282,283}

Free fascial transfers are useful in reconstructions where thin, well-vascularized cover is needed or to provide for unrestricted gliding of tendons in the hand. The free **temporoparietalis (TP) fascial** flap has a consistent vascular anatomy and a pedicle of fairly large caliber.^{284–286} The TP fascial flap is a versatile flap with many applications. The free fascial forearm²⁸⁷ and scapular flaps^{280,288} offer similar versatility whenever thin, well-vascularized cover is desired.

The **anterolateral thigh flap** is becoming increasingly popular among experienced microsurgeons for many applications.^{289,290} It offers hardy yet thin skin and fascia. It can be deepithelialized or harvested directly as a fascia-fat flap. The donor site can usually be closed primarily. Donor site complications are not absent, however. Many

patients, perhaps a majority, will notice some sensation loss at the lateral thigh postoperatively. Some patients may notice thigh weakness due to the dissection through the vastus and/or rectus femoris. Larger flaps that require skin grafts to close the donor site may be associated with stiffness on hip motion or knee flexion from scar adherence of the graft to muscle fascia.²⁹¹

The blood supply of the anterolateral thigh flap can either be from septocutaneous and intermuscular perforators or via direct intramuscular perforators. Strictly speaking, if the flap is harvested and found to have muscular perforators, it is termed a perforator flap proper. If the blood supply arrives via septal vessel, it is probably more proper to term the flap a fasciocutaneous free flap. This is a semantic distinction that adds little to our understanding of flap elevation: The surgeon follows the perforators down to their source regardless of the path they take. Celik and colleagues²⁹² describe technical pearls for anterolateral thigh flap harvest, including preservation of a fascial cuff around the pedicle during dissection.

On rare occasions the surgeon will explore the flap and find no dominant or workable artery and vein to the flap. Some time is wasted and the surgeon is frustrated. Wei and Celik²⁹³ provide an excellent review of the principles and application of perforator flaps.

The future of flap harvest may involve variations of the new **“free style”** free flap concept. Mardini, Tsai and Wei²⁹⁴ use color Doppler to guide harvest of free style free flaps from many areas around the body. The thigh is being used as the model donor site for flaps using this retrograde technique. Other perforator flaps and perforator-type flaps are being used with increasing frequency. Perforator variants are being derived from the thoracodorsal system and the gluteal vessels.^{295–297}

The **DIEP**, **SGAP**,²⁹⁸ and **SIEA** flaps are all being used for breast reconstruction. The results and donor morbidities of these flaps are being compared to those of free TRAM and pedicled TRAM flaps. Large series of successful breast reconstructions with DIEP flaps have been published in recent years.^{299,300} The DIEP flap may be as cost-effective as the free TRAM flap in this scenario.³⁰¹

Chevray³⁰² compared SIEA and DIEP flaps to each other and to TRAM flaps. Operative times were similar. The author notes the advantage of no vio-

lation of the abdominal wall when the SIEA is used. Unfortunately the SIEA pedicle is often absent or not substantial enough for flap transfer. When the vessel is present and usable, it is frequently small and has a short pedicle. In the end, hospital stays were shorter in the SIEA group in Chevray's report. The SIEA flap is considered safe only for hemiflaps, whereas the DIEP and free TRAM flaps have reliable flow across the abdominal midline.

We acknowledge the drawbacks of SIEA transfer—the hemiflap limitation, the small vessel size with short pedicle, and the time spent intraoperatively looking for SIEAs when they may not be present—and question the effectiveness of SIEA exploration in general. Perhaps primary DIEP exploration may ultimately be safer for the patient and yield better results. Since both DIEP and SIEA flap transfers purport to have decreased abdominal wall morbidity relative to the free TRAM, further studies comparing these flaps will be instructive.

Muscle and Musculocutaneous Free Flaps

In 1970 Tamai³⁰³ first reported free transplantation of vascularized skeletal muscle with his account of a rectus femoris muscle transfer in dogs. At biopsy 5 months later there were almost normal muscle fibers and motor nerve action potentials. Harii, Ohmori, and Torii³⁰⁴ transferred the gracilis muscle in 1973 for facial reanimation in a patient with long standing Bell's palsy. At about the same time a surgical team in China³⁰⁵ transferred the lateral portion of the pectoralis major muscle to the forearm to replace finger flexor musculature destroyed in a Volkmann's contracture. Ikuta³⁰⁶ repeated this operation in 1976.

Today the transfer of skeletal muscle as a free flap is a common operation in plastic surgery. The vast majority of these free muscle transfers are done to bring bulk and soft-tissue cover in traumatic losses or osteomyelitis. The most common muscle flaps are the latissimus dorsi and rectus abdominis muscle flaps, which have the advantage of reliable, large-caliber, and long vascular pedicles. Donor site morbidity is relatively low with either of these muscle flaps. Salgado and colleagues³⁰⁷ report an alternative method for harvesting the rectus muscle via a Pfannenstiel incision. This approach may have the advantage of a more esthetic donor scar.

The concept of transplanting a tissue unit composed of skin and muscle for reconstruction originated with Tanzini, who in 1906 used the latissimus dorsi musculocutaneous flap to build a breast mound. Tanzini's work was initially accepted, subsequently ignored, and then forgotten for three generations. McCraw³⁰⁸ rediscovered Tanzini's concept when he transferred a number of free musculocutaneous flaps in dogs, and this led to his landmark work on human island musculocutaneous flaps.³⁰⁹ Most of the independent musculocutaneous territories described by McCraw³⁰⁹ are potential sources of free flaps, and numerous others have since been identified and successfully transferred. Maxwell³¹⁰ lists several musculocutaneous free flaps and describes their history and anatomy. Maxwell credits Fujino and associates³¹¹ in 1975 with the first clinical free transfer of a musculocutaneous unit; this was a deepithelialized gluteus maximus flap used for reconstruction in a patient with an aplastic breast.

Functional free muscle transfer is done to replace lost muscle and tendon-unit function. Functional muscle has particular application in restoration of finger flexion and extension in cases of severe post-traumatic loss or Volkmann's ischemic contracture and for facial reanimation. Both topics are covered extensively in *SRPS* issues dealing with facial nerve disorders³¹² and hand surgery.^{313,314} In an interesting report, Lin and coworkers³¹⁵ describe use of the soleus, latissimus, gracilis, and rectus femoris muscles in **functional free muscle transplantation** (FFMT) to restore finger flexion and extension and in the repair of biceps defects to provide functional elbow flexion and lifting power (Fig 1). It is worth noting that in this series the youngest patient was 16 years old. The authors report M4 return of function in most of their transfers.

Selection of a donor muscle for transplantation must be based on the functional requirements of the patient and the dynamic characteristics of the muscle. The working strength of a skeletal muscle is directly proportional to the cross-sectional area of the contracting muscle fibers, while the range of muscle contraction is a factor of fiber length. The available donor muscle's neuronal mesh should match the anatomy of the recipient nerve branch as much as possible. Many muscles have been tried, but the gracilis muscle is emerging as the clinical favorite for many applications. Harvest and

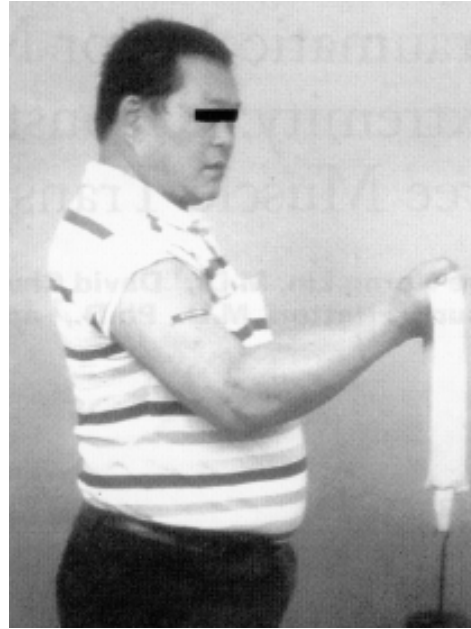
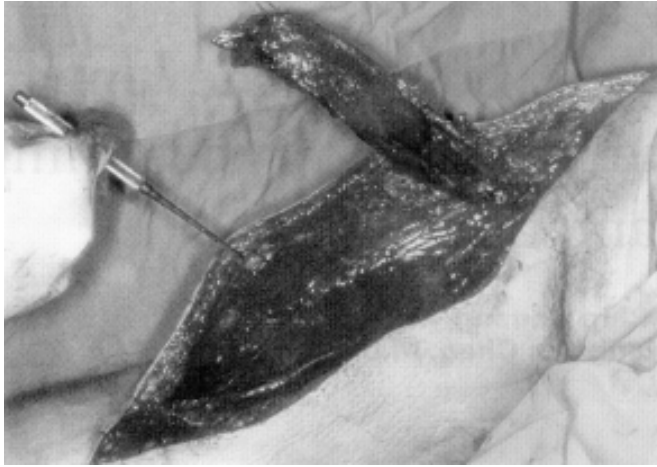
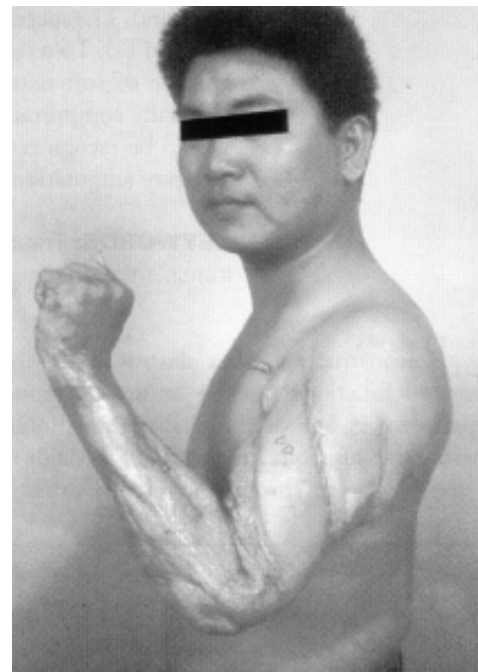


Fig 1. Above, (A) A roller caused proximal avulsion of the biceps muscle, nerve, and blood vessels. (B) Two years after gracilis FFMT the patient has M4 muscle strength and elbow flexion through 110 degrees. Below, (A) Electrical burn with necrosis of the elbow flexor muscles. A LDMC flap was used for cover and a gracilis FFMT for elbow flexion a year later. (B) Two years after last surgery, the patient has M4 muscle power and elbow range of motion of 120 degrees. (Reprinted with permission from Lin SH, Chuang DCC, Hattori Y, Chen HC: Traumatic major muscle loss in the upper extremity: Reconstruction using functioning free muscle transplantation. *J Reconstr Microsurg* 20(3):227, 2004.)



inset of the functional gracilis muscle is generally straightforward in experienced hands. Several papers detail the operative technique of gracilis harvest and anatomic variations of the muscle.³¹⁶⁻³¹⁸ Lin and colleagues³¹⁹ harvest the gracilis through a shorter incision without the endoscope.

Functional free muscle transplantation involves the transfer of skeletal muscle by microvascular anastomoses as well as reinnervation by microsurgical technique, suturing an undamaged motor nerve in the recipient site to the motor nerve in the transplanted muscle. The ultimate success of a free innervated muscle transfer depends not only on survival of the muscle but also on function of the

part. Histologically, muscle fibers that are not reinnervated gradually degenerate and are eventually replaced by fat cells. The question of whether muscle fibers survive in their original state and are reinnervated, or first degenerate and subsequently regenerate, remains unanswered.

Many factors are important to the outcome of any procedure: effective tenotomy in reestablishing proper muscle resting tension; amount and quality of donor nerve tissue and of the anastomosis; quality of donor and recipient vasculature; and other

anatomic conditions at the recipient site. In a rabbit rectus femoris muscle model, Terzis and associates³²⁰ demonstrated that despite 100% patency of the anastomosis, maximum working capacity after reimplantation was only one fourth of normal. Still, revascularized free muscle transplants can be expected to at least partially replace the function of lost muscles in various areas.

Several authors^{321–325} have stressed the importance of reestablishing correct resting tension of muscle transplants. Small decreases in resting muscle tension may markedly reduce the power and amplitude of a contracture.

On average, muscle transplants have significantly less functional recovery than controls, although 100% of the control maximum tetanic tension is noted in several transplanted muscles.³²⁶ Kuzon and colleagues³²⁶ conclude that intraoperative ischemia *does not* affect functional recovery of a free muscle transfer, and the observed variability in functional outcome must be due to other, still undetermined factors.

Osseous and Osteocutaneous Free Flaps

Free osteocutaneous flaps evolved from the need for both vascularized skin and bone in some reconstructions. Ostrup and Fredrickson³²⁷ pioneered the free transfer of vascularized bone in 1974. Shortly thereafter Taylor et al³²⁸ and O'Brien³²⁹ were instrumental in defining the advantages, risks, and limitations of the technique. Buncke and coworkers³³⁰ transferred a free rib osteocutaneous flap to the lower leg for tibial pseudarthrosis in 1977. That same year Serafin and associates³³¹ used a rib osteocutaneous free flap for mandibular reconstruction.

Table 3 lists some common sources of vascularized bone and cites early reports of microsurgical transfer of the respective flaps.^{327,328,332–341}

Vascularized bone autografts, whether endochondral or membranous in origin, have proved superior to nonvascularized bone grafts with regard to early incorporation, bone hypertrophy, mechanical strength to failure, and osseous mass retention.^{342,343} The rate of graft union is affected not only by the graft itself but also by the condition of the recipient bone ends. When bone defects are large or the recipient bed is poorly vascularized,

TABLE 3
Free Osseous and Osteocutaneous Transfers

Bone Source	Author (Year)
Rib (periosteal supply, ant.)	McKee (1978)
	Ariyan (1978)
Rib (nutrient supply, post.)	Ostrup (1974)
	Daniel (1977)
Fibula	Taylor (1975)
Iliac crest	Taylor (1978)
	Taylor (1979)
Second metatarsal	O'Brien (1979)
Radius	Biemer (1983)
Calvarium	Cutting (1984)
Scapula	dos Santos (1980)
	Urbaniak (1982)

clinical evidence suggests that osteocyte survival is greater in free vascularized bone grafts.³⁴⁴

Trauma and irradiation hamper bone healing in conventional nonvascularized bone grafts,³⁴⁵ while vascularized bone grafts seem to tolerate irradiation of the recipient bed better.³⁴⁶ Moreover, vascularized bone grafts appear to heal more rapidly even in the presence of an infected wound.^{347,348} In short, the technique of vascularized free bone grafts is the standard against which emergent technologies—such as the Ilizarov distraction osteogenesis—must be measured. See Lower Extremity Reconstruction in *SRPS* for a more detailed discussion of bony reconstruction in the lower extremity.³⁴⁹

Berggren, Weiland, and Dorfman³⁵⁰ compared medullary and periosteally supplied costal grafts in dogs. Grafts that were revascularized through their periosteal vessels showed less resorption, albeit with some marrow necrosis and partial loss of osteocytes. Grafts with both medullary and periosteal blood supply survived completely but were partially resorbed with time. Both types of grafts healed to their recipient site equally well.

Vascularized **rib** grafts can be harvested either via an anterior approach, preserving *periosteal* blood supply, or posteriorly, conserving primarily *medullary* blood supply. Serafin and associates³⁵¹ summarize the benefits and limitations of both approaches. Georgescu and Ivan³⁵² demonstrate successful use of the **serratus-rib** composite free flap for upper and lower extremity reconstruction.

Taylor³⁵³ was the first to report transfer of a free vascularized graft of **fibular** bone beneath a previously implanted groin flap for repair of a tibial defect. The author³⁴⁴ recommends free fibular grafts to repair bony defects >8cm, whereas ilium (straightened by an osteotomy) or fibula may be used for defects 6–8cm. Defects <6cm long can be repaired by conventional nonvascularized bone grafts. This data is mainly applicable to mandible defects; there may be variability in other osseous defects. Taylor has since described various techniques of harvesting vascularized fibular grafts and has proposed helpful refinements. Hidalgo^{354,355} has published an extensive experience with free fibular transfers in mandibular reconstruction.

Many practitioners feel it is prudent to perform bilateral lower extremity angiography prior to fibula harvest in order to rule out peronea magna. Peronea magna is an anatomic variation where the peroneal artery is dominant and provides significant arterial flow to the foot along with the posterior tibial artery. In this variant the anterior tibial artery is hypoplastic or nonexistent. Harvesting the fibula in this scenario can leave the individual with a single-vessel-foot or worse. Angiography carries its own risks, however, including renal failure, contrast allergy, bleeding, and pseudoaneurysm of the cannulated access artery. As imaging technology improves, our reliance on angiography will likely wane. MRA and CT angiography are becoming useful tools (Fig 2).³⁵⁶

Taylor³³⁵ also described the free transfer of vascularized **ilium** on the deep circumflex iliac vessels. The author later expanded the applications of the technique and suggested further surgical refinements.^{336,357} Shenaq³⁵⁸ reported less morbidity with the classic iliac crest free flap when using the inner cortex of the bone, but a recent study³⁵⁹ disputes that conclusion. Mialhe and Brice³⁶⁰ report a posterior iliac crest osteomusculocutaneous free flap that is based on a superficial branch of the superior gluteal artery.

Free Flaps of Viscera and Omentum

Microvascular transfers of bowel segments, primarily of the **proximal jejunum**, enjoy wide popularity for reconstruction in the oral cavity, pharynx, and cervical esophagus.^{361–367}

The **greater omentum** is an excellent source of donor tissue and has been transferred by micro-anastomoses for multiple reconstructive problems in the past.^{368,369} Today, because of the increasing abundance of other free tissue options and the need for laparotomy to harvest the omentum, its popularity has waned considerably. Nevertheless, after latissimus, and latissimus–serratus, the omentum remains a reliable option for large scalp defect reconstruction. In addition, one interesting idea has arisen where the omentum can be used for wound coverage in the lower extremity, and the gastroepiploic system is used simultaneously for lower limb revascularization in the context of peripheral vascular disease and ischemic wounds—see the SRPS issue on Lower Extremity Reconstruction.³⁴⁹

REPLANTATION

The first end-to-end anastomosis between vessels of disjointed parts was performed by Murphy¹ in 1896. A few years later the German surgeon Hoepfner³⁷⁰ successfully replanted limbs in dogs. Working independently during the first years of the century, Charles Guthrie² and Alexis Carrel³ transplanted kidneys, blood vessels, and composite tissues in lambs and dogs. In 1902 Carrel³ demonstrated experimentally the feasibility of limb replantation, although his heterotransplant ultimately failed. Ten years later Carrel³ received the Nobel Prize for his contribution to the science of vascular anastomosis and organ transplantation.

Nylen⁴ and Holmgren⁵ first described use of a microscope in 1921 during surgery for otosclerosis. In 1950 Barraquer and Perritt³⁷¹ sutured a human cornea under an operating microscope.

Kleinert³⁷² used vessel repair techniques to revascularize near-complete severed limbs in 1959. Malt and McLehman³⁷³ replanted the arm of a 12-year-old boy who had suffered an above-elbow amputation in 1962. Also in 1962 Kleinert and Kasdan³⁷⁴ performed the first revascularization of human digits, and in 1965 Tamai and Komatsu³⁷⁵ performed the world's first replantation of a human digit.

As the 20th century progressed, surgeons attempted to operate on increasingly finer structures of the body, and reports of successful reattachment of severed extremities became common-

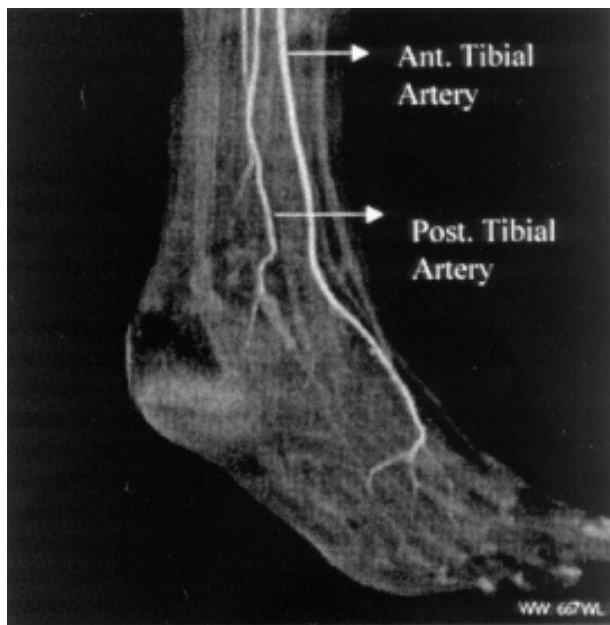
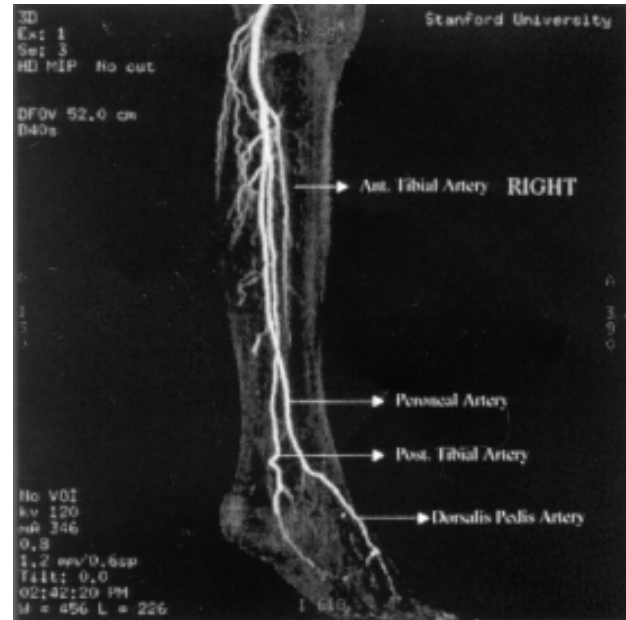
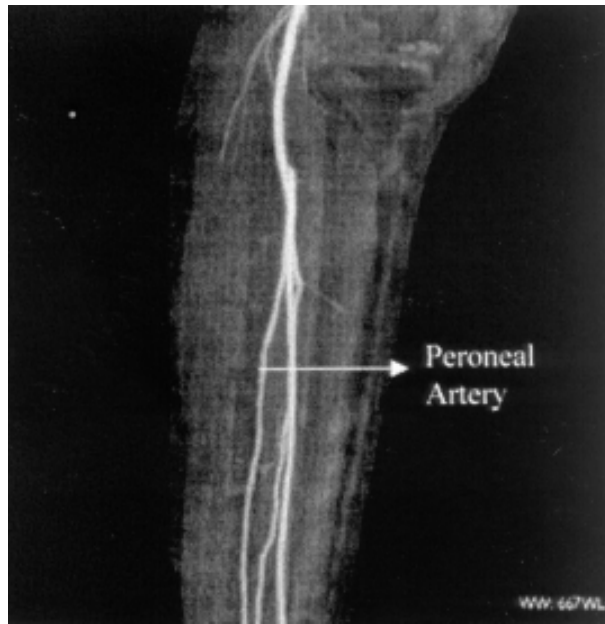


Fig 2. Above, Normal three-vessel runoff in lower extremity. Above right, CT angiogram demonstrating peroneal artery as dominant blood supply to the foot. Anterior tibial artery is occluded in proximal leg, and peroneal artery supplies dorsalis pedis artery. (Reprinted with permission from Karanas YL, Antony A, Rubin G, Chang J: Preoperative CT angiography for free fibula transfer. *Microsurgery* 24(2):125, 2004.)

place. Today the feasibility of human limb replantation is no longer in question. The reader is referred to an excellent article by Kleinert et al³⁷⁶ for a history of replantation as well as an overview of popular techniques.

Arm and Forearm Replants

Upper extremity replantation has evolved rapidly since Malt and McKhann's¹² report. Survival rates have improved significantly over the last 30 years, and currently the ultimate success of a replantation attempt is judged by functional as well as cosmetic parameters.

Unlike distal amputations, the proximal limb has a large muscle mass that renders it vulnerable to ischemic degeneration and nerve injuries carry a high risk of loss of function. Review articles by Morrison and associates,³⁷⁷ Wilson et al,³⁷⁸ O'Brien,³⁷⁹ and Whitney et al³⁸⁰ offer different perspectives on the subject of major limb replantation.

In the rat, muscle necrosis and permanent breakdown of biochemical systems occur within 4h of ischemia.³⁸¹ In man, muscle necrosis has been documented after only 2½ hours of tourniquet ischemia.³⁸² Metabolic parameters correlate with histologic evidence of extensive cellular damage. With increasing ischemic times, the histologic appearance does not return to normal even after perfusion is restored. Cooling theoretically prolongs the safe ischemic period, although Muramatsu and coworkers³⁸³ noted that even when cooled, muscle enzymes (CPK, SGOT) continued to leak out of the replanted dog hind limb after 6h of ischemia.

Nunley and others³⁸⁴ described the technique of arterial and venous shunting as an aid to revas-

cularization or replantation after upper limb injuries. The shunt allows adequate time for thorough debridement, appropriate bony stabilization, and identification of anatomic structures. The authors conclude that the AV shunt has improved their operative technique without jeopardizing muscle viability.

The value of tissue perfusion in replantation, although proven for many years in major organ transplants, has not been conclusively demonstrated in limb replantation.^{329,385} Usui and others³⁸⁶ and Smith and colleagues³⁸⁷ note some benefit from fluorocarbon perfusion of amputated extremities, with less alteration of lactate, pH, and CPK levels. This improvement is offset by loss of capillary endothelium and increased edema.

Fukui and others³⁸⁸ describe their experience with continuous postoperative infusion of urokinase, prostaglandin E, heparin, and low molecular weight dextran. In the 13 cases reported there were no instances of arterial thrombosis, and the authors note significant differences in platelet count, fibrinogen, and AT III in the patients receiving the drug infusion compared with controls.

Indications and Contraindications

Meyer and colleagues³⁸⁹ state that patients with amputations proximal to the wrist joint but close to it are good candidates for replantation, as evidenced by Chen Grade I or II recovery in 80%.

In general, upper extremities amputated proximal to the midforearm should **not** be replanted if the warm-ischemia time is >6h.³⁷⁸ The following are universal contraindications to replantation:³⁷⁸

- concomitant life-threatening injury
- multiple segmental injuries in the amputated part
- severe crushing or avulsion of the tissues
- extreme contamination
- inhibiting systemic illness (eg, small vessel disease, diabetes mellitus)
- prior surgery or trauma to the amputated part precluding replantation

Functional Recovery

Return of function in forearm replantations depends largely on two factors: (a) the degree of

nerve regeneration, and (b) the hand rehabilitation program.³⁹⁰ Russell and associates³⁹¹ report their results in upper limb replantation and revascularization. The most frequent complication of surgery was infection (29%) compounded by inadequate debridement, which led to 4 failures. Non-union occurred in 13% and intrinsic muscle function was weak or absent in all patients. Excellent or good results were noted in 8/19 patients; all had clean, guillotine-type distal amputations or incomplete proximal amputations with intact nerves. Fair and poor results were associated with crush or avulsion injuries. The authors conclude that the potential for functional recovery is proportional to the amount of viable tissue remaining.

Hand and Digit Replants

Weiland and coworkers³⁹² chart the progress of digital and hand replantation efforts at their institution over a 7-year period. Survival of the replanted limbs rose from 32% in 1970, to 69% to 74% in 1975, to better than 90% in 1976. As survival of the replanted extremity climbed, clinical emphasis shifted to considerations of long-term functional result.

Strauch and colleagues³⁹³ offer an excellent review of the problems and complications encountered in replantation surgery in the hand. Waikakul and colleagues³⁹⁴ report a large series of over 1000 digital replantations in which the functional results were generally good, with a replant viability rate of 93%. Zone 2 replants had the worst outcome.

Indications and Contraindications

All other criteria being favorable, few surgeons would argue against replantation in the following circumstances:

- multiple finger amputations
- thumb amputations
- complete amputations of the hand at the palm or wrist^{329,395,396}
- all amputations in children

Replantation is controversial in the following clinical situations:

- loss of a single digit other than the thumb, especially the index and small fingers even when the amputation level is proximal to the flexor digitorum superficialis (FDS) tendon insertion
- single-digit amputations distal to the FDS insertion
- ring finger avulsion injuries

Level and Type of Injury

Tsai, McCabe, and Maki³⁹⁷ describe their technique for replantation of the fingertip at the level of the DIP joint or distally. They noted a 69% survival rate and 25% of patients had 2-point discrimination <5mm. Clean, minimally crushed amputations yield the best results after replantation.³²⁹ Avulsion injuries, severely contaminated wounds, and amputations with multiple levels of injury are secondary choices for replantation.^{376,396,398} The severity of the damage often necessitates dissection of a large area to escape the zone of injury, and repair of injuries such as ring avulsions, for instance, may not revascularize the flexor tendons and PIP joint.³⁷⁶ Microsurgical repair in cases where the entire finger has been degloved does not result in good function.^{391,396}

Ring avulsions are a special case. In ring avulsions the zone of injury varies by level and by actual severity of the soft-tissue injury and devascularization. In general avulsion injuries fare significantly worse than sharp injuries with regards to recovery of range of motion.³⁹⁹ Adani and colleagues⁴⁰⁰ report acceptable results in complete ring avulsion replants.

Age

O'Brien³²⁹ states that any limb amputation in a child merits an attempt at replantation so long as the part is not severely crushed. Kleinert et al^{376,396} feel that age alone is not a contraindication to replantation, but it must be considered in the decision. Microsurgical repair of the tiny vessels of infants makes the operation technically difficult; on the other hand, functional return after replantation of digits in small children is often quite good. Useful functional recovery cannot be expected with any reliability in the elderly, thus any attempt at replantation should be carefully weighed against

the potential systemic insult from the anesthesia and operation.

Length of Warm Ischemia Time

Kleinert^{376,396} believes that 12+h of warm ischemia is a relative contraindication to digital replantation, although survival of the replanted part has been documented after as long as 42h of warm ischemia.¹⁰¹ Prompt cooling of the amputated digit to 4°C prolongs the acceptable ischemic period to approximately 24h, with a good chance of complete survival and full functional return.

Patient Selection

A patient's occupation, economic and social status, nationality, mental health and cooperativeness must all be taken into account when deciding whether to attempt replantation or not.⁴⁰¹

Single-Digit Amputations

Urbaniak⁴⁰² is a proponent of replantation in single-digit amputations distal to the superficialis insertion if there is no crush injury. Tamai³⁹⁵ also replants single digits when local wound conditions are favorable and if the patient desires the procedure, but his recommendation is influenced by the fact that in Japan patients who are missing a finger may be labeled as gangsters and may not be able to get a job.

May and colleagues⁴⁰³ documented excellent survival and good esthetic results in a series of 24 digits replanted distal to the PIP joint, which prompts them to advocate the procedure in selected cases. Wilson et al³⁷⁸ suggest a role for single-digit replantation when adjacent fingers are severely injured and the cut is clean. Waikakul and others³⁹⁴ also advocate single-digit replantation.

Kleinert^{376,396} discourages single-digit replantation although his own results with it have been impressive. O'Brien³²⁹ weighs the merits of single-digit replantation based on patient sex, occupation, and expected functional result. Jones, Schenck and Chesney⁴⁰⁴ compared hand function in patients who had received single-digit replants and those who had been amputated, and concluded that there is little functional need to replant a single digit except the thumb.

Ultimately, the discussion about single digit replantation in adults remains a philosophical one, and each surgeon must come to his or her own conclusion based on the situation at hand.

Secondary Procedures

Most replanted digits that include at least one joint in the replanted part experience significant stiffness once healed, and secondary procedures are often needed. In addition, replanted digits may require further soft-tissue coverage. Ross and colleagues³⁹⁹ reported the best range of motion in zone 1 and zone 5 replants. Interestingly, 2-tendon replanted digits had better range of motion than 1-tendon fingers. Early motion protocols were advocated. Yu and coworkers⁴⁰⁵ reviewed 79 replanted digits in which a total of 102 secondary procedures were performed. Flexor tenolysis was used often with good results.

Replants of Miscellaneous Body Parts

Although the vast majority of reported surgical reattachments are in the upper extremity, successful replants have been described in the lower extremity,⁴⁰⁶ scalp,⁴⁰⁷⁻⁴¹⁰ ear,⁴¹¹⁻⁴¹⁵ penis,^{416,417} testes,⁴¹⁷ scrotum,^{417,418} upper and lower lips,^{419,420} tongue,⁴²¹ nose,⁴²² and face-scalp composite.⁴²³

Scalp replantation is one of the most critical problems the plastic surgeon can encounter. Despite appropriate efforts in experienced hands, scalp replants do not always survive nor are the parts always replantable to begin with. Nahai and associates⁴⁰⁷ discuss the appropriate management of extensive scalp avulsions. Should replantation be deemed too risky, the latissimus and the combined latissimus-serratus free flaps are excellent salvage options for subtotal and total scalp avulsions.⁴²⁴ Omentum is also an excellent option for scalp salvage.

Ademoglu and colleagues⁴²⁵ discuss whether amputated great toes should be replanted. Even though load distribution is altered, the gait is not significantly affected and the authors stop short of recommending great toe replantation. Kutz and others⁴⁰⁶ state that lower extremity replantation may be indicated in distal, clean, sharp amputations in young patients. For a more extensive discussion on lower extremity replantation, see the *SRPS* issue on Lower Extremity Reconstruction.³⁴⁹

Mutimer, Banis, and Upton⁴¹² report successful microsurgical reattachment of totally amputated ears. Turpin⁴¹³ describes the evolving technique for successful ear replantation. The author notes that vein grafts are usually required and that postoperative venous congestion is a frequent problem. Turpin suggests that all patients should receive heparin anticoagulation, and medicinal leeches or frequent abrasion may be necessary to control venous congestion.⁴¹³

Operative Technique

The surgical principles of microvascular repair have been previously discussed. When performing a replantation, one must be particularly careful to place the anastomoses outside the zone of injury and to incorporate only undamaged vessel ends. Excessive shortening of replanted parts results in muscle-tendon imbalance and dysfunction.

The operative sequence for replantation varies according to the clinical situation and surgeon's preference. A common approach involves the following steps:

- preoperative patient evaluation and preparation
- identification of structures in amputated part
- identification of structures in the amputation stump
- bone shortening (minimal) and bony fixation
- arterial repair (with or without recirculation)
- venous repair
- muscle-tendon unit repair
- nerve repair
- skin closure or soft-tissue cover^{395,426}

Adjuncts to Microvascular Anastomoses in Replantation

Internal Fixation

Internal fixation techniques allow early mobilization while maintaining bony stability. Fixation can be accomplished with crossed K-wires,⁴²⁷ a single intramedullary K-wire,⁴²⁸ interosseous wiring,⁴²⁹ intramedullary screws,³⁹³ or bone plates and external fixation devices. Arata and colleagues⁴³⁰ describe the use of absorbable poly-L-lactide rods

in digit replants. No nonunions were noted. The type of fixation used is based on considerations of fragment stability, early mobilization, patient reliability and compliance, and surgeon's preference.

Free Vascularized Joint Transfers

Tsai and colleagues⁴³¹ describe the immediate free transfer of a second toe joint for replacement of an index finger PIP joint at the time of replantation when other methods of bony stabilization were unsatisfactory.

Nunley and colleagues⁴³² report 92% of normal growth in epiphyses transferred either by replantation or free tissue transfer. Bowen and others^{433,434} report on the vascularity and feasibility of growth plate transfer, and note that both epiphyseal and metaphyseal circulations must be revascularized in order to obtain adequate growth and structural integrity. Chen and coworkers⁴³⁵ report 29 vascularized toe joint transfers to hand and finger joints with good results. The outcomes of these joint flaps must be compared with arthrodesis and well-functioning metallic or Silastic arthroplasties. Certainly in some complex hand joint injuries, a vascularized toe joint may be preferred to these other options.

Vein Grafts

Most replantation attempts fail because of venous insufficiency. In the absence of venous repair, replantation is successful in <20% of cases.⁴²⁶ The ideal is two or three venous repairs per finger, but this may be impossible in distal amputations, amputations in children, injuries that have a severe dorsal component, or in postreplant venous thrombosis.

Vein grafts are routine practice when the vessel ends are short or if there is tension at the anastomosis. Mitchell and coworkers⁴³⁶ studied avulsion injuries in rat limb arteries and veins. As seen through the operating microscope, the damage to the vessels averaged 0.8cm from the rupture site, and serial histologic examination revealed significant injury for up to 4cm. Arteries were more severely damaged than veins, especially at bifurcation points, and distal injuries were worse and more frequent than proximal ones.

Buncke and associates⁴³⁷ review the applications and long-term results of vein grafts in replantation surgery.

Arteriovenous Fistulas

Working in the rabbit ear replantation model, Nichter and colleagues⁴³⁸ created an efferent AV fistula by anastomosing a distal artery to a proximal vein. Heparin in Ringer's lactate is frequently used to flush the vessel ends before and during anastomosis.³²⁹ Topical application of lidocaine or papaverine may relieve and sometimes avoid vasospasm during the dissection.³²⁹

Nerve Repair or Graft

Twenty-five years after its publication, Terzis's⁴³⁹ excellent review of microneural repair techniques is still valid. Nerve grafting in replantation surgery is an option when primary approximation is still impossible after adequate debridement. Donor nerves may be harvested from other amputated and unreplanted parts,³⁹⁵ simple epineural technique is usually best. If both ends of the nerves being sutured are well-vascularized, complete reinnervation is expected. Schultes and associates⁴⁴⁰ compared vascularized versus nonvascularized nerve graft transfers in a rat model, and found significant histologic differences, with less fibrosis and myelin degeneration in vascularized grafts.

Heparin

Gordon and others⁴⁴¹ report a 71.4% clinical success rate in digital replantation without venous anastomoses by systemic infusion of heparin and removal of the nail plate.

Leeches

Multiple reports confirm the usefulness of medicinal leeches in salvaging failing flaps or replants.⁴⁴²⁻⁴⁴⁸ Leeches are typically applied to the area of anastomosis to relieve venous congestion in flaps or in appendages through vasodilation and vascular decompression.⁴⁴⁸ The key to the benefit of leeches lies with hirudin, a selective thrombin inhibitor that leeches secrete and which they inject into the host tissue as they feed on the host's blood.

Anthony and colleagues⁴⁴⁵ used quantitative fluorometry to study the effects of leeches on a replanted ear. The authors noted immediate benefits from leeching, namely evacuation of the pooled blood and relief of venous congestion. Later there

was continued bleeding from the bite sites as a result of the injected hirudin.

Prophylactic antibiotics are usually recommended when leeches are used because of reports of infection with *Aeromonas hydrophila*,⁴⁴⁶ which is often insensitive to ampicillin and cephalothins but consistently sensitive to ciprofloxacin, tetracycline, and trimethoprim-sulfamethoxazole.⁴⁴⁷ Oral antibiotic coverage with one of these drugs is recommended when using leeches.

The reader is referred to an article by Valauri⁴⁴⁸ describing the technical aspects and clinical applications of medicinal leeches in microsurgery.

Tissue Expansion

As described by various authors,⁴⁴⁹⁻⁴⁵³ free flaps can be modified in size and contour by using tissue expanders before transfer.

Analysis of Results

There are as many different standards for evaluating functional recovery after replantation as there are reporting surgeons. Gelberman and coworkers⁴⁵⁴ correlated sensory recovery of replanted parts with arterial pulse pressure, and concluded that two-point discrimination reached normal levels (<6mm) only when pulse pressure in the replanted digit was at least 86% of normal as measured by the contralateral digit. Two-point discrimination was worse in replanted digits than in isolated nerve injuries.

Chen and others⁴⁵⁵ categorize the various functional results obtained in their series as ranging from Grade I to Grade IV. Patients who achieve Grade I return (34%) are able to resume their original work and have at least 60% range of motion. Grade IV patients (4%) have negligible function of their replanted limb.

Matsuda and colleagues⁴⁵⁶ report effective recovery of pinch, grasp, and sensation in 60% of their replants. Schlenker, Kleinert, and Tsai³⁹⁷ found 2-point discrimination of <10mm in only 9 of 20 replanted thumbs. The average active range of motion for the IP joint was 35% of normal and for the MP joint, 29%. Most patients were able to return to work after a mean interval of 7mo.

Tamai's⁴²⁶ results in 293 upper extremity replants are listed in Table 4.

Table 5 lists the limb survival results of replantation surgery as reported by some of the major centers.^{392-395,402,457-460}

Alternatives to Replantation — Salvage Procedures

For failed digital replants and amputations that cannot be replanted at the time of injury, toe-to-finger or toe-to-thumb transplants can restore at least partial function. Leung⁴⁶¹ and Frykman⁴⁶² describe the technique and functional results of these transfers.

The field of toe-to-hand transfers continues to be refined. Williamson and colleagues,⁴⁶³ Yu and Huang,⁴⁶⁴ and Chung and Kotsis⁴⁶⁵ report adequate reconstruction with toe transfers after multiple finger loss. The rate of return to work was satisfactory. In their review, Wei, Jain, and Chen⁴⁶⁶ discuss technical refinements and donor site considerations and illustrate excellent functional and esthetic results.

Wei's group⁴⁶⁷ also reported limited sensory recovery after toe-to-finger transfer, perhaps curtailed at the outset by the relatively low density of sensory receptors in toe glabrous skin. As determined by patient questionnaire, toe transfers to the hand produced minimal lower limb morbidity in Chung and Wei's⁴⁶⁸ series. Beyaert and col-

TABLE 4
Functional Results in 181 Replantations

Replantation	Excellent		Good		Fair		Poor	
Arm	0/5	(0%)	1/5	(20%)	3/5	(60%)	1/5	(20%)
Forearm	2/10	(20%)	3/10	(30%)	2/10	(20%)	3/10	(30%)
Hand	3/14	(20%)	6/14	(43%)	3/14	(20%)	2/14	(14%)
Digit	60/152	(39%)	55/152	(36%)	20/152	(13%)	17/152	(11%)
	65/181	(36%)	65/181	(36%)	28/181	(15%)	23/181	(13%)
	(72%)							

(Data from Tamai S: Twenty years' experience of limb replantation—Review of 293 upper extremity replants. *J Hand Surg* 7:549, 1982.)

TABLE 4
Clinical Results of Replantation

Author (Year)	No. Complete (% viable)	No. Incomplete (% viable)
Sixth People's Hosp (1975)	320 (54)	53 (57)
Weiland (pre-1976)	86 (39)	
(-1976)	50 (90)	
Tamai (1978)	102 (86)	61 (93)
Urbaniak (1979)	107 (82)	80 (94)
Hamilton (1980)	83 (65)	77 (84)
Schlenker (1980)	51 (71)	13 (77)
Kleinert (1980)	243 (49)	347 (70)

leagues⁴⁶⁹ noted some disturbance of gait after second toe transfer in children.

In order to decrease the time of disability, potentially ameliorate soft-tissue cover problems, and facilitate earlier return to work, many surgeons have advocated earlier toe-to-hand transfers in non-replantable digit loss. Yim, Wei, and Lin⁴⁷⁰ compared outcomes of "primary" toe-to-hand transfers to delayed transfers. Primary transfers are defined as those performed in the acute period or within a mean 7d of injury. There were no significant differences in intraoperative difficulty, early technical outcome, or early functional results. Primary reconstruction seemed to require fewer secondary procedures such as tenolysis, but the difference was not statistically significant.

In conclusion, *there is no apparent medical or surgical reason to wait several months for toe-to-hand transfer*, particularly when the thumb needs functional reconstruction. On the other hand, the need for urgency in this setting has yet to be defined. A person who has just lost a thumb is in a particularly vulnerable emotional state, and it would be rash to attach a sense of urgency to what is essentially an elective reconstruction. Some patients may not be psychologically ready for primary toe transfer in the early posttrauma period, while others may benefit from an earlier return of hand function and no additional hospitalizations.

Sometimes the digit is replantable but an associated soft-tissue defect cannot be satisfactorily addressed by local flaps or grafts. There may be also some avulsion and devascularization injuries that need additional soft-tissue coverage. A recent article by De Lorenzi and coworkers⁴⁷¹ recounts their experience with arterialized venous free flaps in these problems. These flaps, like full-thickness skin grafts, are thin, supple, and can be tailored precisely to fit the defect and Brunner's lines (Fig 3). An insightful discussion and informative review of arterialized venous flaps by Brooks⁴⁷² accompanies their paper.

Hand Transplant/Composite Tissue Transfer

Transplantation of composite tissue allografts, such as the hand, offers immense potential in reconstructive surgery. Experimental studies of limb transplantation in rodents have demonstrated the efficacy of combination therapy using multiple immunosuppressants. By 2002 14 human hand transplants had been performed. A review of the current replantation literature forecasts significant functional return after hand transplantation provided patient selection is appropriate and allograft rejection can be prevented.²⁸

Jones⁴⁷³ updated the status of limb allograft transplantation in 2002. In general, immunosuppression has been well tolerated in human recipients, although there is still considerable risk of posttransplant diabetes as well as chronic infections. Transplanted hands show good mechanical motor function but poor sensory return. Patients need to be followed long term to fully assess if the risk was worth the reward, as many organ transplants have half lives <10y.

Should hand amputees put their long-term health at risk for a hand allograft that may fail long before the patient's expected death? What psychological trauma may ensue for a patient that regains use of a hand for several years, only to lose it again to chronic rejection? The prospect for a second allograft of course exists. Given the long-term potential for organ failure, opportunistic infection, allograft rejection, and malignancy resulting from long-term immunosuppression, the risk-benefit ratio of hand transplantation must be carefully weighed.

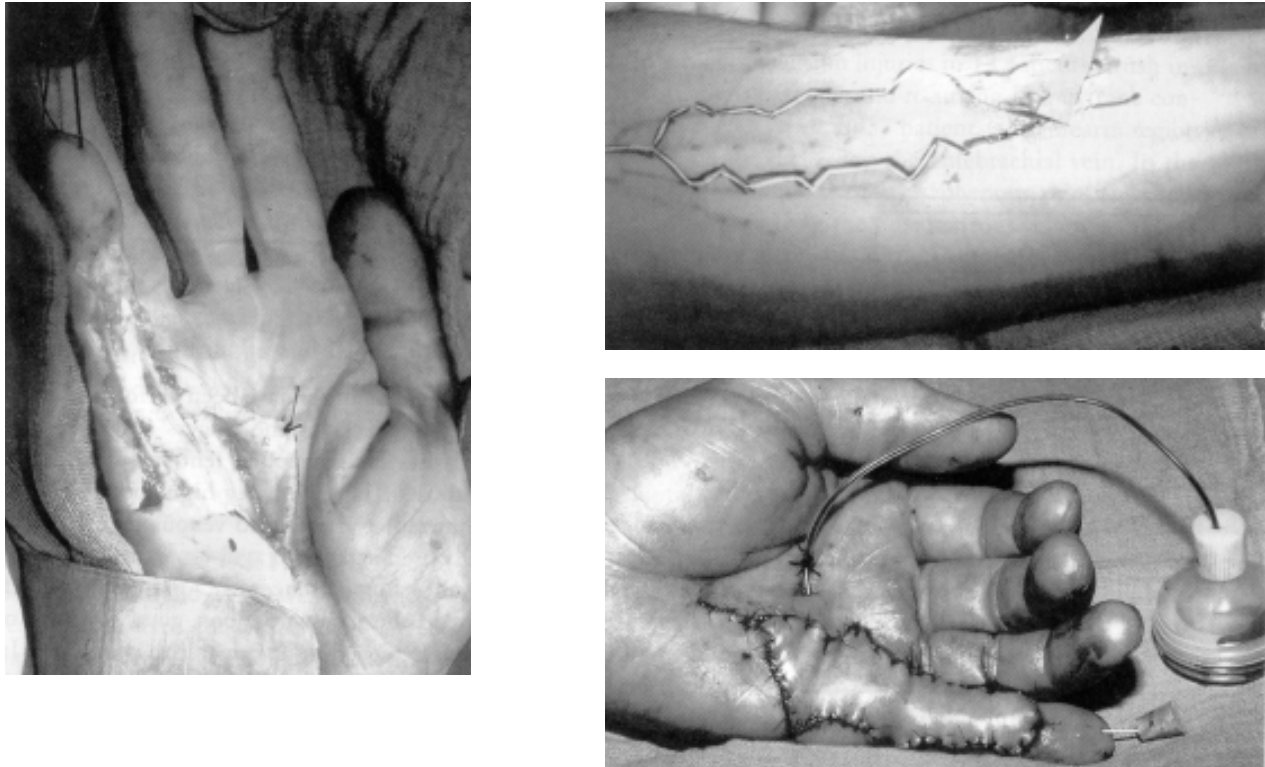


Fig 3. Above, Tissue defect after excision of recurrent Dupuytren's. Above right, Indicating excision of the venous free flap from the lower arm. Below right, Clinical results after 1 week; venous stasis in the arterialized venous flap is normal. (Reprinted with permission from De Lorenzi F, Hulst RRWJvd, Dunnen WFA, et al: Arterialized venous free flaps for soft-tissue reconstruction of digits: a 40-case series. *J Reconstr Microsurg* 18(7):569, 2002.)

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